A boke of the propertyes of herbes the whiche is called an Harval, M. D. LXI.

BIBLIOTHECA BODLEIANA

¶ De virtutibus herbarum et primo de littera. A.

¶ Agnus castus.

This herbe Agnus castus/ that men do call Tutesayne / and other wyse Parke leues/ this hathe leues somedele redc lyke vnto the leues of Orage and thys herbe hathe senowes on his leues as hathe Plantayne, and it hathe yelowe flowres and bereth blacke berys and it growethe in dyke wodes, the vertue of this herbe is, it wyll kepe men and women chaste For as Dioscolidyon and Placens do saye, thys herbe is called Agnus castus for the knowelege and the vse of this herbe makethe men chaste. Also this herbe wyll open the pores of man and let out wycked humours and spryres of his bodye, this herbe destroyethe

the

the moysture of mannes sede. Also the same Auctoure saythe that yf this be soden with Fenell in Asell it is good to destroy ẏ dropsy. Also yf this herbe be sodē with smalage and Sage in salt water, and after warde the hynder parte of a mannes hed be well wasshed therwith it heleth it and vnbyndeth and euel that is called Bytarge. Also thys herbe destroyeth the fowle luste of Lechery and it be dronken/ or yf it be borne about hym, therfore some tyme they do ete it rosted / bycause it shal kepe them chaste / for yf this herbe be eten rawe/ it wyl engēder hed ache. Thys herbe is good to defye the hardnes and stopping of the Mylte. Also a playster of thys herbe is good to do awaye ache of a mannes heed that is engendered of wycked humours/ Thys herbe is hote and drye in the. ij. degre.

¶ Apium.

This herbe Apium is a herbe that
me be call Smalage or stamarche
the vertue of this herbe is this. It
wyll make a man to pylle / & opyn
the stopynge of the lyker / also the
lede of the herbe hardeneth a man
nes wombe and it drawethe wyc-
ked humours of a mannes bodye
onto the hed & to the stomake and
the wombe / and therfore it noyeth
them that haue the fallinge euyl &
to women that be with chylde / for
when it drawethe suche humours
to the wombe and edengereth that
be the cause of Pestilence and ther
fore it is comanded of leches that
women that be with chylde / & they
that kepe suckyng chyldren shulde
nat ete nor drink of this herbe for
dred of ye falling euyl for it is hote
and drye / & there be spyces therof /
ye loyce is good for colde playsters
tempered with flower and for scal-
dyng thz herbe is hote i ye. j. degre.

Auetum

¶ Auetum.

¶ Thys herbe Auetum that men do call Auete otherwyse Dyl / this herbe hath leues lyke to Fenel but the sede is somdele brode as Orage sede is / the vertue of this herbe is thus. It wyll make a man pysse / also it swageth rumblynge in a mannes wombe / and wycked wyndes in the wombe / also it destroyeth ye veryngе / the sede of this herbe brent and layde vpon a woūde it helethe sone and namely if a mā be scalded in hys membres or on hys yerde / strowe the powder theron & it shall hele / or what maner of euyl that ryseth in a mannes yerde it shall be hole in the same maner / a playster made with the same powder & shepes talowe & blacke sope / is good for ye Emaraude this herbe is hote and drye in the .ii. degre.

¶ Apumerisus. cretholium

¶ This herbe Apumerisus is cal

led Cerfoy or Cherusle, the vertue of this herbe is and it be dronken with wyne it shall make a man to pysse wel, and it delyuereth a man of ache in the raynes & in the bled-der and it be dronken with wyne it letteth out and vnbyndeth the wicked wyndes and vnstoppeth the wombe and the lyuer of all maner wodnes. Thys herbe withholdeth castyng. Also a playster made with this herbe tempered with Aysel destroyeth wylde fyre and heleth the Canker and all other woundes thꝭ herbe is one of ẏ Smalaches And it is hote and drye.

¶ Absinthium.

wormewoode

¶ This herbe is called Wormewoode. The vertue of this herbe is It is good to comforte the herte & clense the stomake. Galyen sayeth that thꝭ herbe hath .ii. vertues one is laxatyue, and the other is cōstypulatiue Therfore Galyen sayeth

that

that yf thys herbe be gyuen to an
euyl, of the whych the materis not
fully defyed, it shall harde the sto=
make and let the degestion. And yf
the matter be typped/it shall make
a man laxatyue, & esely put awaye
the mater. If thys herbe be dronke
with Spyconarde, it swageth the
stomake and of the wombe that is
engendred of wycked wynes. Also
yf this herbe be tẽpered with hony
it wyll ease the swellynge in a man
nes mouthe. Also it doeth awaye
the blacke myste in a mannes eyes
and clereth the syght, and yf thys
herbe be powned with the gal of a
Bull/and afterwarde putte into a
mannes eyes, it putteth awaye all
maner impedymentes of the syght

¶ Arthamesia.

¶ Thys herbe is called Mug= mugwort
wort, the vertue of thys herbe is
thus If a mã bere thys herbe about
hym he shall not be wery of traue=

lynge in his way. Also yf this her=
be be powned wyth talowe / it he=
leth the sorenes of mānes fete, and
akynge also. And yf it be wythin a
howse/there shall no wycked spy=
ryte abyde. Also yf this herbe be
stamped and tempered wyth run=
nynge water it heleth the akynge
of a mannes guttes & many other
euylles/thys herbe is hote & drye
in the .ii. degre.

¶ Affodyllus,

¶ Thys herbe is called Affodyll/
The vertu of the herbe is that the
leues ben good to hele the dropsy /
and the leues of ẏ flowres be good
to be dronken to hele venim of wic
ked bestes /also the iure of this her
be and Myrre and Saffron tem=
pered to gyder in whyte wyne & a
lytell boyled ouer the fyer / & clen=
sed thoroughe a clothe/, is good to
hele rennyng eyes/also the rote of
this herbe brēt to pouder / is good
to

to hele sore eres and to restore the agayne/also take an hard clothe ẏ is roughe and wete it in the ioyce of the herbe and rubbe that Morphewe therwith syttinge agaynste the sonne and it shal do awaye the Morphewe this herbe is hote and drye in the.ii, degre.

¶ Aristologia longa.

¶ Thys herbe men do call it Red mader/the vertue of thys herbe is thus. It wyll vnbynde the stoppynge of the lyuer & let passe wycked wyndes that be stopped wyth in a mannes body/ also yf it be drōken wyth wyne it clenseth and purgeth al men of al maner of venym that is in a mannes body. Also it clenseth and purgeth all maner of dyseases that be roted within and wythout in the vaynes and in the tethe that bene rotten. This herbe is hote and drye / and it muste be gathered in harueste / there be. ii,

spyces therof. ☞:☜

¶ Aristologia rotunda.

¶ This herbe Aristologia rotun=
da men do cal it Galingale meke /
the vertue of this herbe is thus as
ypocras dothe saye, If the sayde
herbe be dronken with hote wa=
ter/then it is medicinable and cu=
rable for those mē that be stopped
in the breste,and for the swellynge
euyll and for the Podagar / and
for the Crampe,thys herbe is hote
and dry e, and it must be gathered
in herueſt and it is a spyce of the
reed Mader. ☞:☜

¶ Abrotanum.

¶ Thys herbe abrotanum mē cal
it Sotherne wode, The vertue of
this herbe is thus, ỹ yf they breake
the sede and drynke it wyth wa=
ter,it heleth mē that haue ben by=
ten with any wenimus beaste also
this herbe destroyeth wormes in a
mannes wōbe also powder of this
herbe

herbe medled with barly mele vn-
byndeth and breaketh harde postu
mes, also this herbe brent and the
asshes medeled with oyle, it resto-
reth there as man lacke here / this
herbe is hote and drye.

¶ Ameos.

¶ This herbe Ameos hath leues
lyke vnto Eldren, but they be lesse
and the sede is lyke persleysede, the
vertue of this herbe is thus yf it be
tempored with hony it sleeth wor-
mes that be in a mannes body and
it vnbyndeth the greate stoppynge
of wyndes, and it breketh the stone
and it chafeth a mannes stomake
that is colde it chafeth the lyuer &
the raynes, and it heleth woundes
and the byttinge of venemous be-
estes this herbe is hote and drye.

bishops wed
on hearbe
william

¶ Alleluya.

¶ This herbe Alleluya men call
it wodsore or stubworte, this herbe
hathe thre leues of the which two
be rounde

be rounde a lytel departed aboue/ and it hath a whyte flower, but it hathe no longe stalkes/ & it is wyn soze, and it is lyke .iiii. leued grasse the vertue of this herbe is thus ¶ If it be rosted in the asshes in Reed dockeleues oz in reed wozte leues it fretethe awaye deed flesshe of a wounde, thys herbe groweth mo= che woodes.

¶ Asterion.

starwoort,

¶ Thys herbe Asteryon groweth amonge stones and in hyghe pla= ces/ thys herbe sheweth by nyght/ thys herbe hath yelowe floweres hole and rounde as a Rockebell oz els lyke to Foregloues, the leues of thys herbe be rounde and blewe & they haue the marke of the mone in the myddes, as it were .iii. leued grasse but the leues therof be moze and they be rounde as a penp, and the stalke of this herbe is reed and thys herbe seweth as it were muske

and

and the toyce therof is yelowe and thys herbe growethe in the newe mone without leue, and euery day spryngeth a newe leke to the ende of .xv. dayes / and after .xv. dayes it loseth euery daye a leke as ỹ moe wanethe, and it spryngeth and waneth as doth the mone, and where ỹ it groweth ther groweth greate quãtyte. The vertue of thys herbe is this, they that eate of the berys or of the herbe in wanynge of the mone, whan he is in signo viralis, yf he haue the fallynge euyl he shalbe hole therof, or yf he bere thys herbe aboute hys necke he shalbe holpen without doute, & it hathe many other good vertues.

¶ Agrimonia.

¶ This herbe Agrimonia mẽ cal it Egrimonye. The vertue of this herbe is thus, & it be eten the herbe and the rotte grene it healeth the fallynge of the wombe. Also yf the

herbe

herbe be dryed and pouded to pow
der, and dronke withwater is good
for the same euyll / also the sayde
herbe tẽpered with Aysell is good
to hele a wounde that is hurt with
yron, also this herbe vsed in metes
is good to hele the akynge of so=
res in the mylte and it is good for
Treytes.

¶ Auancia.

¶ This auancia is called Auãce,
the vertue of this herbe is thus yt
it by dryed and powder made ther
of wyth whyte wyne warmed or
els luke warme water & gyue it to
that hathe the feuers / and it shall
helpe hym much and ease him, also
it heleth woundes & Cankers yt it
be dronken.

¶ Altea.

¶ This herbe is called holyhor=
ke or the wylde Malowe, the ver=
tue of this herbe is thus, take and
stampe it & frye it with shepes ta=
lowe

lowe and make a playster and laye it to a podagar mā & it shall helpe hym within thre dayes By expe= tyment al Auctours do say and af fyrme that this herbe soden wyth Vynegar and Lynsede and a play ster made therof & layd to the syde of any person, it departeth and hel peth wycked gatherynges that be engendered in a mannes body this herbe growethe in gardens and moyst places

¶ Amarisca.

¶ This herbe is called Dogge fe nell, or Waythis, this herbe is mo che lyke to Camamyle for it hathe a whyte flower as Camamyle, but it stinketh, the vertue of this herbe is good to dryncke the ioyce therof for to hele the Canker and the py= pes of the Emerawdes / and there be. ij. spyces therof / the one hath a whyte flower, & the other hath a ye lowe flower, & it groweth in corne

Auricula

¶ Auricula muris.

¶ Thys herbe is called Mouſere The vertue of this herbe is, if it be dzoncken it helpeth the Muynſy / alſo the ioyce is good to hele al ma ner woundes.

¶ Aptum Emozoidarum.

¶ Thys herbe is called Crowfote thys herbe hath leuys departed as it were Rãmes fete, thꝭ herbe hath a longe ſtalke in the myddes, and groweth i watery places / and hath yelowe flowers,

¶ Aptum ranarum

¶ Thys herbe Aptum ranarum that men cal water Crowfote, this herbe hath yelowe flowers as hath crowefote and of the ſame ſhappe but the leues are moze departed / it hath a longe ſtalke, and out of that one ſtalke groweth many ſtal kes ſmall by the ſydes, thys herbe groweth in watery places.

¶ Artiplex domeſtica

This

¶ Thys herbe Artipler domestick men call it Ozage or Wedoltus.

¶ Anabulla.

¶ This herbe Anabulla men call it Spurge.

¶ Acus demonis.

¶ Thys herbe Acus demonis is a herbe that men call Youkenell.

¶ Argentilla.

¶ This herbe Argentilla that me calt Argentil this herbe hath lytel leues somdele rounde, and within they be ragged as it were ỹ leues of Eufraly/and it groweth muche amonge whete, and therbe. ii. spyces therof, the moze and the lesse.

¶ Acus mustela.

¶ Thy herbe Acus mustela is called Groundeswely/It is good for playsters.

¶ Allium.

¶ This herbe Allium is called Garleke/the vertue of thys herbe is thy. It wyl vnbynde all wycked

wyndes within a mannes bodye.
Also it helpeth a man to make wa-
ter/but it noyeth a mannes eyes/
bycause of the great byndyng and
dzynkynge he that hath voluptu-
sly it dzynketh and destroyeth the
syght and it destroyeth and heleth
venym within a mā. Also it heleth
all colde sozes as it were tryacle.
Also it heleth the scabbes/and moz
phewes oz bladders in what ma-
ner place they be in a mānes body
so that it be well froted therwith
this herbe is hote and dzye.

¶ Anisum.

¶ This herbe is called Anise/the
vertue of thys herbe is this, it vn
byndeth the stoppynge of thelyuer
and of wicked wyndes & of greate
humours and vncloseth the mylte
Also it stereth a man to make wa-
ter and to swete also thys herbe ma-
keth a mannes wombe laxatiue yf
it be to harde and the sede must be
parched

parched or rosted in al manet me-
decynes/then it wyl worke the ra-
ther/thys herbe is hote and drye.

Hic incipit littera. B. Et primo de Bethonia.

BEtyn men do call this herbe/the vertu of thys herbe is thys / yf it be stamped and the layde to a wounde in ỹ heed that is smytyn with a stroke it shal hele the wounde fayre, and drawe out the broke bones if theyr be any as leches do say, also yf a maunes eyes do ake/take the water or the ioyce therof, & it shal amende them greatly. Take Betyn and stampe hym and temper hym wyth water or with wyne warmed and drynke it. x. dayes and it shal destroye any webbe in the eyes of any persone. Also yf your eyes be waterye eate euery daye a lytel Betayn, and it

shall do ỹ muche good, also yf you
haue akynge eres / take the ioyce
therof & temper it with rose water
and warme it a lytel and droppe it
in thy eres and stoppe them with
wolle/and thou shalbe hole, Also
yf thou do blede moche at thy nose
take and stampe Betine with salte
and stoppe thy nose therwith and
it wyll staunche. Also yf thou haue
sore tethe/wyth Wynegre or wyth
Aysel let it sethe wel tyl it be more
then halfe wasted, then as hote as
thou mayst suffer it suppe therof &
holde it i thy mouthe tyl it be colde
then spytte it out and do thys ofte
and thou shalbe hole. Also for the
coughe take the ioyce or powder of
Betyne and medyl it wyth hony/ &
make therof a lectuari/and vse it.
ix. dayes and thou shalte be hole.
Also yf a man may not holde hys
mete within him take the same me
decyne and gyue hym. iij. sponeful
therof

therof with a sponefull of water. Also yf a mannes yarde be swollen or that it be sore take Betayne and stampe it wyth whyte wyne tempered and it shalbe hole, Also yf a mā be Podagar take Betayne & sethe it well in water and gyue to hym to dryncke and wasshe hys fete therwith and lay the herbe aboute hys fete on a clothe, and it wyl amende hym moche. Also take and eate Betayne or powder therof, & you shal nat bedronken that daye, all these medicens haue be proued of thys herbe. It is hote and dry.

¶ Balsamita.

¶ This herb Balsaminta is called horse mynte, or water mynte or broke mynte, and also this herbe doth growe in watery places, the vertu of this herbe is, to cōforth a mānes stomake and maketh a mā well to dekye his mete. Also ỹ toyce and clarifyed Hony, & Reed wyne

boyled to gyther/& it shal do away the colde fro a mānes stomake and wycked wyndes within hym, also the ioyce or els the pouder of the herbe dronken with Reed wyne hote it maketh womē that be with chylde sone and eally to be delyuered of theyr chyldrē. This herbe is hote and drye.

¶ Bleta.

¶ This herbe Bleta is called Betes/and there be .ii. spyces therof as Dialcorides sayeth/ the one is whyte the other is blacke, the vertu of thys herbe is thys if ỹ ioyce therof be put in ỹ nolestrylles of a mā, it clenseth a mannes hede. Also it swageth the akynge of the eyes of euery persone, it clenseth the hede from nyttes and from other vermym. Also it repayreth and amendethe a mannes here of hys heede/ also thys herbe destroyeth botches & biles, also Dialcorides sayeth, if a

man

man vse ouermoche of thys herbe that it norisheth wycked humours in man for it is hote.

Borago.

¶ Borage is a comon herbe, the vertue of it is thus. It wylle clense the reed colour of a man. Also this herbe is good to destroye the Cardiacle/ and the postumes that be gathered of the blake colour Also the water dronke with wyne maketh a man glade and mery, thys herbe is hote and moyste.

Bugla.

¶ Thys herbe Bugla is called Brunwort, thys herbe hathe leuys lyke a browne colour wyth a blewe flower and sumwhat boystous/ the vertue of thys herbe is thus. It wyll hele woundes in a mannes hed, and yf thys herbe be dronken it helpeth & strengtheth ȳ bones ȳ be brokē in a mannes hed this herbe breketh and destroyeth

the reume and the skynge of the hed, thys herbe groweth in wodes moche and it is hote and dry.

¶ Burneta.

¶ Thys herbe Burneta is called Burnet, thys herbe hath blewe flowers as hathe Hayhoue and small ragged leues lyke Tansy leues, ye vertu of this herbe is thus. It wil destroye the greate humours and laxatyue within a man. Also it openeth the stoppynge wythin a mannes lyuer, & maketh a man to pysse well. Also it maketh one to auoyde the yelowe euell. Also a poxeyon of this herbe medeled with hony and whyte wyne helpeth & vnbyndeth soze stetches of the rybbes & in the tetes/there be.ii.spyces therof, the one groweth on hylles and ye other in medowes.

¶ Bursa pastoris.

¶ This herbe Bursa pastoris/is called Shepardes purs/thys herbe hath

hathe a smal stalke and ful of brā
ches and ragged leues & a whyte
flower, the coddes therof be lyke a
purse/the vertue of thys herbe is
thus/drynke it with reed wyne or
wyth mylke and it wyll staunche
the blody menson / it is hote and
dry.

¶ Bozago siluestris.

¶ Thys herbe Bozago syluestris
is lyke to comon Bozage / but the
leues be sūwhat smaller & it grow-
eth in feldes and in wayes.

¶ Bilire.

¶ This is called Biller. The ver
tue therof is good to rype botches
and it is hote and dry.

¶ Camamilla.

¶ Thys herbe is called Camamil
ly vertue of this herbe is thus yf it
be dronke wyth wyne it wyll breke
the stone, and it destroyeth the ye-
lowe euyll. It helpeth the akynge
and the desease of the lyuer, yf it be

strayned it helpeth & swäged the sores in a mannes mouthe / it is good for the akynge in a mannes hed & for the megraym/thys herbe is hote and drye.

Calamintum.

¶ This herbe is called Calamint the vertue of this herbe is thus /it destroyeth a mänes talent,as ypocras saieth,there be.iii.sppees ther of,one that is stony / another that is of the erthe,and the.iii.of the water and all they be hote and drye,it that is watery maketh a mä moyst it that is stony maketh a man hole yf he drynke it,yf he haue dronke any venemous drynke/this herbe made in a playster, & lay it to a venemous wounde it drawethe out venym sone.Also who so drynketh this herbe.iii.dayes,it shall helpe hym of the yelowe euyll The other is erthy it is helpynge for lepery, the ioyce of thys herbe and it be

it be putte into the eres of a man it wyll slee wormes in a mannes hed and comforteth the stomake and helpeth to dely it, and it with drawyth castynge.

¶ Crassula maior.

¶ Thysherbe is moche like vnto Dyppn, the vertue of this herbe is thus, yf it be layde to a wounde by it selfe it shall hele it without any other herbe.

¶ Crassula minor.

¶ Thys herb is called Stonehors or Stonecroppe/ The leues of thys herbe be sumwhat lyke vnto Dyppn and it growethe on houses and walles / the vertue of this herbe is thus / it wyll make a man to caste.

¶ Cytuca.

¶ Thys herbe is called Hemlocke, or herbe benet, the vertue of thys herbe is thus, the ioyce of this herbe kepeth maidenstethes final, also

thys

this herbe ofte droken kepeth and
destroyeth the greate appetyte of
lechery. Also the ioyce tempered
with Swynes grece, dystroyethe
the hote Podagere, and swagethe
the greate swellinge, for it is colde
and drye.

¶ Centaurea maior.

¶ This is named the more Cen-
tory or erthe gall, hys flowers be
yelowe in the croppe, his vertu is
yf it beslodden in good wyne, it wil
hele the sekenes in the lyuer, it dra
weth out wycked humours in the
nylt, thys hath ben proued, and it
be soden in water it is good to hele
a wounde, yf there be a canker fit
be anointed therwith it wyl make
it hole, thys herbe is hote and dry.

Centauria minor.

¶ Thys herde is the lesse Centa-
ry it hathe iii. branches cõmynge
out of a rounde more wyth a reed

flower

flower. Hys vertu is this the pou-
der or ioyce therof is good for by-
tynge of an adder or any venemus
beeste yf it be dronken with wyne
and the ioyce is good to anoynte
sores therwith yf ye haue anye ve-
nym within you, powne it small
and tēper it with Ayfell and drīke
it and you shal caste out all the ve
nym within you.

¶ Cara.

¶ This herbe is called Caraway
thys herbe hathe leues sumwhat
lyke to Fenell wyth a longe stalke
and a roūde sede more then perlley
sede. The vertu of this herbe is to
destroye wycked wyndes and the
coughe and it is good for the Fren
sy, and for bytynge of venemous
bestes. Also thys herbe medeled, is
good for scabbes, and Tetters.
Also it restorethe heere there as it
is fallen away this herbe groweth
in moyste places.

Celodia

¶ Celodonia.

¶ This herbe is called Celodine or Tetterworte his vertu is as Poliminus sayeth if the byrdes of the swalowe be blynde, the dãme of the byrdes fecheth of this herbe & heleth theyr eyes therwyth / it is good for ẏ cãker ĩ a mãnes mouth it is good for ẏ toth ache & to clense a mãnes heed, this herbe is hote and drye..

Culamen.

¶ This is called Hertnote, Dilnote Skycte or holyworte: he hath leues lyke Fenell with whyte flowers & a small stalke it growethe in wodes and medowes, hys vertue is to eate awaye deede fleshe thȝ herbe put to a sore that lacketh here, it wyll restore the here and hele the place.

Colewortes.

¶ Thȝ herbe is good to clẽse fresshe woũdes the canker, to norysshe synowes, & to hele sore eyes that

be

be almoſt ſightles, it encreaſeth a womães mylke the ioyce tempered with Alume and Aſell, it ſwageth the Leper and it is good to kepe a mã frõ dzonkeneſs it is hote & dzy.

Coliandzum.

¶ This herbe is called Colyandzum / the vertue of thys herbe is thys, yf the ioyce therof be dzonke with hony it wyll ſlee wozmes in a mannes body, and hardeth a mannes wombe / the ſede is good to do awaye the feuers ỹ come .iiij. dayes this herbe is hote and dzye.

¶ Capillus veneris:

This herbe is called Wayde here oz waterwozte This herbe hath leues lyke vnto ferne, but ỹ leues be ſmaller / & it groweth on walles & ſtones & in ỹ middes of ỹ leſe is as it were blacke here, ỹ vertue of thys herbe is thys, it wyll bzeke ỹ ſtone & it be dzõkẽ with wine, it deſtroyeth veuym and it is colde and dzye.

Crocus

Crocus,

¶ This herbe is called Saffron the vertue of this herbe is thus: it wyll destroy al maner of abhomynacyons of mannes stomake and wyl make a man tosslepe it is good for many medycens, and namelye for cokes to colour their mete ther wyth, it groweth in gardens, and it is hote and drye.

¶ Centonidium.

¶ This herbe is called Sparowetonge. the vertue of thys herbe is to breke the stone/and it is hote and drye.

Caprifolium.

¶ This herbe is called wodbynd and it harhe a whyte flower, ỹ vertue of this herbe is good to hele Cankered woundes/bladers, and shenge tethe and sores in the toos of a man. Also it is good for the swellynge in a mānes body that is benimed, this herbe is hote & drye.

Canabaria

¶ Canabaria.

¶ Thy herbe is called wylde hēpe or holy roppe, it is lyke vnto hēpe his vertue is yf a man haue the feuer frete wel his pounce therwith and he shalbe hole, and it groweth in watery places.

¶ Costus.

¶ This is named Coste or lesse Detyn, his vertue is to hele the seckenes of the breste & of the longes and it wyl breke the postume. Also it draweth out euyl humours of a mānes hed, and it is good for a mannes stomake.

¶ Cepe

¶ Is named an Onyon, hys vertue is to cōforte a mānes stomake it purgeth sumwhat the flewme it nessheth sumwhat the wombe. Also and it be stamped and tempered with hony and Aseyll / it is good for the bytyng of a hoūde. Also the ioyce tēpered with womans mylke

is good to hele the akynge of eres
Also the ioyce tempered with any
lycoure is good to drynke for any
mā that hath loste his speche. Also
the ioyce put in ỹ nosethyrlles bre=
keth out the wycked rewme and ỹ
stoppynge in a mannes heede.

Columbina.

¶ Thys is named Columbyne,
his vertue is good for hym ỹ hath
the quynsy. Thys herbe muste be
gathered in Auguste.

¶ Cominum.

¶ Thys is called Comyn/the le=
ues therof be moche lyke vnto Co
lyādre it hath many braūches com
mige out of one stalke/it is strōge
of sauour, hys vertue is to destroy
wycked wyndes and other euylles
in a mannes stomake, it helpeth to
make water, it is hote and dry.

Cardiaca.

¶ Thys is named Cardyacle/ it
hath leues lyke to blind nettels &
it hathe

it hathe lytel coddes with sede, his vertu is good for the falling euyl.

¶ Cisara.

¶ This is called a Frēce pees / it hathe leues & coddes lyke vnto other pees but ẏ leues be not so greate nor so longe, & there be. ii. spyces therof

Camelon.

¶ This is called a Woluisshe thystell or a wylde thystell. He hathe white leues greate & brode & areed flower / it groweth by wayes / the vertue of thȝ herbe is, yf thou take this herbe when the sōne is in Capricorne / and the mone be newe: whyle thou bereste it aboute the / there shall no myschefe the befall.

¶ Cauda pulli.

¶ Thys is named Coltes tayle / thȝ herbe hath leues lyke to wylde comin, but they be not stalked lyke

¶ Cabachis.

¶ This is named Frēche wortes it is hote and drye.

¶ Caulus gallica.

¶ This is named wylde Tanly.

¶ Caulus agrestus.

¶ This is an herbe that men call Glaude, or Kouratum, the leues be lyke vnto plantine but they be not so moche/it hathe a whyte flower and groweth in waters.

¶ Cimbaria.

¶ This herbe men do cal it Peny wort, this herbe hath rounde leues, it groweth on walles.

¶ Consolida maior.

¶ This is named Cõfery, it hathe leues lyke to Horshelme but they be not so whyte/there be two spyces therof. One with a whyte flower, the other with a reed. Hys vertue is if a man be brosen or broken within take the rotes of this herbe and roste them i the asshes and let the sycke eate thereof fastynge. iii dayes and he shalbe hole. Also it helpeth to gather dronken bones/it is hote

and

& moyste. And it bereth blacke sede

☞ Consolida minor.

☞ Thys is called daysy or Brows-worte/hys vertue is yf it be stamped and layde to a borche, it shall hele it and brekeit/for it is a spyce of the Confery.

¶ Consolida medi.j.

☞ This herbe is called Bothyn/ this herbe hath longe leues and a lyttel endēted and whyte flower and the flower is sumwhat lyke to the daysy.

☞ Hic incipit littera. D. Et primo de Dragantia.

DRagaunce or Serpentyne thys herbe is called. The vertue of thys herbe is thys yf it be stameped and dronken with wyne/ it dothe awaye all maner of venym. Also it doth awaye, the akynge of eres yf they be anoynted therwith. Also the powder ther of blowen in a mannes nose,

shall clense a man of the rewme / & it is good to destroy the coughe / & to destroye the canker and the fretynge of wicked wyndes, thys herbe is hote and moyste it muste be gathered in June and July.

¶ Diptanum.

¶ This is called Ditandar or detayne The vertue of this herbe is thus, yf it be dronken it wyll delyuer a womã of a deed chylde. Also this herbe wyl drawe out a thorne or an yron out of a mãnes body / it is hote and drye.

¶ Dancus asinius.

☞ This is called Danke, his vertue is to hele the dropsy & bytynge of venemous bestes. Also it openeth the stoppyng of the lyuer and of the mylte. Also it vnbyndethe the wombe and maketh it laxatiue it is hote and drye.

☞ Dens leonis,

¶ This herbe is called Dandely-

on / the

on, the vertue of this herbe is, the Woze is good foz the feuer cotydyan.

¶ Dens canis.

¶ This is named Hundestothe / it hathe leues lyke to dãdelyon but they be lesse and the bzaunches be not lyke and they dzoppe mylke.

¶ Daucus creticus.

¶ This herbe hathe leues lyke to wylde popy / but the leues be moze whyte / it hathe a flower of purple coloure and it groweth in whete thys herbe is hote and dzye.

¶ Dragantia.

¶ This is named Dzagaunce ke mell / it hathe leues lyke to Rewe bût it hathe whyte spectes, it hathe a euen stalke the lengthe of .ii. cubites / and it bereth sede as it were a cluster of Grapes, and they be yelowe it groweth in moyste places / the vertue is yf it be stamped / and medled with oyle and

put into the eyes of a man it shall do awaye the akynge therof. Also the moze therof & the moze of the whyte Onyon stamped therwyth and tempered with Honye it heleth al wounded that the Canker hath be rysen in. Also who froteth hys hãdes with ỹ moze, if it be in May without doute he may take adders they shal not venym hym Also the ioyce destroyeth the darkenes about a mãnes eyes if they be anoint ted therwith. Also yf the ioyce be dronken with wyne it destroyeth lechery, and it is moyste and colde.

¶ Hic incipit littera. E. Et primo de Elenacampana.

Elenacampana is called horshelme, the vertue of thys herbe is thys yf a mã haue waggyge tethe and he eate of thys herbe/they shall fasten agayne it helpeth a man to make water yf it be

be dronken it delyuereth a woman of a deede chyld/it is good for the cough it hardeth a mānes wombe it is hote and moyste.

¶ Endiua.

¶ This herbe is called endyue or southistell hys vertue is yf ỹ ioyce therof be medeled with hote water & dronken it helpeth the stoppyng of the mylte and of the lyuer. It is good to hele the yelowe euyll and ỹ feuer tertian. It is good for hote postumes and for to swage greate hetes of the lyuer & of the stomake and it is colde and moyste.

¶ Eruca.

¶ Thys herbe is named Shyr-wyte Thys herbe hath leues lyke to Byl erin but they be not so lōge & it hathe a greater moze, his ver-tue is/the leues be good to hele a mannes mouthe / yf it be holden longe therin. Also the ioyce of this herbe sodden & afterwarde drōken

it destroyeth the blacke coloure. Also this herbe ofte vsed styreth a man to lechery and to make water Also the more stamped and medled with oyle and hony clenseth a mannes chyne yf it be anoynted therewith. Also the ioyce therof dronken delyuereth man and women of the coughe/for it is hote & drye,

Eufrasia.

Thys herbe is called Eufrasy it is good for eyes and hathe a lyttell ragged lefe.

Ebullus

This herbe is called walworte/ it hathe leues like to Elder leues it hath a longe stalke/the vertu of this herbe is good to destroye the dropsy/scabbes and tetters and it draweth awaye wycked humours out of a man, thys herbe is hote and drye.

Edera

☞ This herbe is called Iuy/this herbe is like to bryã, ỹ vertu therof is. If it be sodē in wyne, tyl it be thycke/& thē lay it al hote to a bot che, & it shall breke it. Also yf thou haue any akyng i thy hed take the ioyce therof & oyle of roses & white wine & medle it to gither & anointe thy hed therwith and thou shalbe hole therof. ☞ Edera terrestris. ☞ This is an earth Iuy/it hath leues lyke to Catmynt but they be not so moch/and hathe a redy flo wer/ỹ vertue of this is yf it be so den in swynes greece/it is a good oyntment for all maner aches.

☞ Enforbium.

☞ This is called Clary/ this her be hath leues like to Sauge but ỹ leues be broder & rounder, his ver tue is, yf he be put in potage it wyl make the flesshe tender.

☞ Elleborus albus.

☞ This pellytet of Spaine/ or long

longeworte Thys herbe hathe leues moch lyke to pedeliō, but they be not so moche slyt without / and it hath a flower as it were a Parsneb, hys vertue is if he be put into the nosethrylles of a man, it wyll make hym to nese. Also it helethe scabbes, ẏ morphewe, and tetters Also it purgeth a man of wycked colours of the flewme / and of the Emerodes if he be layde to ẏ place that is diseased. Also for the tothe ache it is good yf it be sodden in A sell and kepe it as hote as he maye suffer in his mouth and it is good to purge a mannes stomake and wombe. Also the powder therof putte in gruell shall slee wormes, and the ioyce medled wyth mylbe sleeth flyes / it is hote and dry.

¶ Elleborus niger.

¶ This is called Pedelyon hys leues be moch lyke to longe worte / but they be nat so whyte, and it

hathe

hathe a bzode flower and a blacke cotze, hys vertue is yf it be made in powder it wyll destroy & slee rattes and this herbe is hote and dzye.

¶ Eupatica.

This herbe is called lyuerwozt hys vertu is to destroy & clense ỹ hardnes of ỹ lyuer. Also yf it be medled with fresshe grece it wyl hele woũdes and it is good to hele the feuer quartayne.

Erpina.

This herbe is named Forgloues.

¶ Ebulus minoz.

¶ Thys is the lesse Wolwozte It is sumwhat like to Walwozte and the leues be a lytell redder.

¶ Hic incipit littera. F. Et primo de Flaminula.

Flaminula is called Sperewozte oz Launcell it is moch tyke to a spere and in the crop of the stalke comethe many fayze & smal bzaunches and it hathe

it hath a white flower and it groweth in waters, his vertu is yf a mā haue the feuers and the poūces of hym anoynted therwith he shalbe hole & it is good to breke botches and byles and it is hote and dryē.

Fumus terre.

☞ This herbe is called Fumitory of erth Gal/hys vertue is to cō forte a mannes stomake Also it gyuethe a man appetyte to mete and it helpeth a man to make water, & it openeth the lyuer/and it clereth a mānes blode. Also yf any drynke therof with whey it destroyeth scabbes, ytches, bladders, and wycked humours, it is hote and dryē.

☞ Fume cretum.

¶ This is called Fumicrete, thys herbe hathe a longe stalke/ and it hathe leues lyke to iii. leued gras and it hath Coddes/his vertue is yf it be soddē in water it maketh a man laratyue without any perell/

and

and it is hote and drye.

Fragra.

¶ This is called Strauberye, ye vertue of thys herbe is good forble red mē. Also it is good to destroye the webbe in a mannes eyes. Also the ioyce of it medled with hony & dronked helpeth the mylte.

Fabaria maior.

¶ This herbe is called Brocke-lēpe thȝ herbe hath leues like vnto Benested, & it groweth i waters.

Fabaria minor.

¶ This is the lesse Brookelempe it hathe leues in maner longe and sumwhat rounde lyke to mintes. Thȝ is good to lay to a place that is brosed or to be wellynge yf it be fryed with shepes talowe.

Filix.

☞ Thȝ herbe is named Ferne / of this be. iii. spyces / The fyrste as Pompody, the secōde is Osmunde & it groweth in dyches and wod-

des

des/and it hathe a grete moze / as pynapples/it is good to hele bzo-ken bones/The.iij.is Euferne / & it groweth in walles/and Polpo-dy groweth in Okes,it is good to make a man laxatyue. This ferne groweth in woddes/ it is good to hele the Podagre. And it maketh synowes stronge.

Filipendula.

¶ Thys herbe is called dzepwozt, the vertue of it wyll destroye the wycked wyndes aboute a mannes lyuer and his mylte and it is good to destroye the stone, it is hote and dzye.

¶ Feniculum.

¶ This herbe is called Fenell oz Fenkel, the vertue of this herbe is thus yf the sede be dzyed it is good and comfozteth the stomake it openeth the stoppyng of the raynes & of the bladder. Also ỹ ioyce is good to do awaye the webbe of the eyes

of a man

of a man and it be dronken wyth wyne and water, it is good to do a waye all maner of venym. Also the iayce dropped in the eres of a man it wyll slee wormes in a man. And also yf it be dronken wyth wyne it wyll breke the dropsy and all maner swellynge and kepeth hym frō castynge, and if it be dronken wyth wyne and water, it maketh a womans mylke to encrease. Also yf it be medled wyth oyle it is good to hele a mannes yarde that is swellen. And thys herbe is hote and dry.

¶ Farinus.

¶ Thys herbe is named Hertewoode, his vertue is yf it be powned & layde to a sore, it wyl hele it

¶ Feniculus poeticus

¶ This is called wormeseede, It is good to destroy wormes in a mānes body, thys herbe is hote & drye.

¶ Febrifuga.

¶ Thys is named Fetherfoy, his

vertue is to comforte a mānes sto-
make/it is good to aswage ȳ axes
cotidiā/the crampe,and to temper
it that cōmethe of colde stomakes.
Also it is good to lay to a sore that
is bytten with venemous best; It
wyll hele it shortely and it belayde
therto. Also if it be tempered wyth
Aysell it wyll do awaye the Mor-
phewe. Also yf it be stamped and
layde to a wounde in the which be
broken bones,it shal bring the bro
ken bones to gyther and hele thē/
& the rote therof is good to stoppe
the blody menson / And this herbe
is hote and drye.

☞ Filago.

¶ This herbe is called Felde wort
or Hore worte it is a lytell herbe/
and it groweth in whete.

☞ Flamenula.

¶ Thys is called the lesse. Spere
worte,thys herbe hath smal leues
lyke gras/ but it is sharpe lyke a
spere

spere and it groweth in fyldes / hꝭ vertu is if a heed be cut itwyll hele it anone.

☞ Hic incipit littera. G. et primo de gracia dei maior.

Gracia die maior / thys herbe is called ꝑ more Gracia dei.

☞ Granum.

Thys is Gromell or Lyche wale ꝑ vertu therof is good for the stone/and for all euylles in the bladder. Thys herbe is hote and drye.

☞ Genestula

¶ Thys herbe men do call it Genestre or brome it hathe leues lyke to Spygeruyll/and it hathe a yelowe flower his vertue is to knyte bones and synowes to gyther.

☞ Gencianus.

¶ Thys herbe that mē do cal Felworte or Balmoyne / hys vertue is yf it be dronken with water and

and hony it helpeth the swellynge in a mannes body / in his stomake / & it is good for venemous beestes / & it deliuereth a woman of a deade chylde, it is hote and dry.

☞ Galanga.

¶ Thys is named Galingale / the vertu of this herbe is thus, it comforteth the stomake & maketh hym well to degeste hys mete / and vnbyndeth and letteth oute wycked wyndes of a mannes body.

☞ Granum solis agrestis

¶ Thys is called wylde gromell it is somwhat lyke to other Gromell / but the sede thereof is somwhat gray it groweth in dytches / it is good for the stone.

☞ Gladiolus.

¶ Thys herbe is called Gladon the vertue of it is good to make a man to paste.

☞ Hic incipit littera H. et primo de Herba cruciata.

HErba cruciata is a herbe that men cal Crom worte this herbe hathe ittell leues and a smal stalke wyth whyte flowers/and it is lyke to a crosse/ thys is good to hele woundes.

☞ Herba cristofori masculi.

☞ Thys is called Cristofer the male it hathe leues lyke to ye Crousope, but they be more whyte and not fully so longe/it hathe yelowe flowers/hys vertue is to hele the Epulence and the Frensy.

☞ Herba Cristofer femine

¶ Thys is named Cristofer female it hathe leues lyke to herbe Peter but they be nat in all so whyte and it groweth moche by the waters syde it hath a longe stalke

☞ Herba waltery.

¶ This is Herbe walter/it hathe

 leues

leues lyke to persly and the leues be sũwhat thycke fatte and tẽder.

Herba Roberti.

¶ Thys is named herbe Robert it hath leues lyke to herbe Benet / and it hath small flowers lyke to purple coloure/and it hath a strõg sauour/hys vertue is to hele woũ des/ ẏ powder of it wyl slee cãkers

Herba Martis.

¶ Thys is called Mortagon. It hathe leues lyke to the capitall let ter. M. and some braũches hathe. ix. leues and some. x. & some more.

Hastuca regia.

¶ Thys is named wodrose / yf the more therof be stamped and dronken with wyne /it wyll hele a sore in the mouth. Also the sede stã ped & dronken with stronge Aysell wyll staunche the Flyr and make the wombe harde.

Herbe Petri.

¶ Thys is named the Cousloppe

Herba

☞ Herba Johannis.

¶ Thys is called saynt Johannes worte the vertue of it is thus / if it be put in a mannes house ther shal come no wycked spirite theri.

☞ Hic incipit littera. J. et primo de Jusquiamus.

Jusquiamus is Henbane/hꝫ vertu is good for goute / and namely those ẏ come of melancoly. Also the sede therof and the sede of Humlocke medled to gyther & a candell made therof / or brent vpon a tyle stone and let the smoke go vp into a mannes mouthe in especial among the tethe, and it wyll slee wormes. Also the rotes be good for ẏ tothe ache: Also the ioyce therof is good for al woundes. Also it swagethe the coughe and ẏ hote postume, And the hote Podager. Also the sede of

hȝ herbe ſchulde be gathered in the
monethe of Auguſte. Thys herbe
is colde and dȝye

¶ Iſopus.

¶ Thȝ herbe is called Iſope. Hys
vertue is yf a man take the toyce
therof/and put it in hys mouthe it
wyll hele all maner of reuyls in the
mouthe. Alſo it ſleeth wormes in a
mannes wombe & maketh it neſſhe
Alſo if it be dȝõken greene oȝin pow
der/it maketh a man well colozed
it is hote and dȝye.

¶ Ireos.

¶ Thys herbe is called Saue/it
hathleues moch lyke vnto the flo
werdelyce/and it hathe a whyte flo
wer/it groweth in water/the ver
tue of it is good to hele the akynge
of ſynowes. Alſo yf it be dȝonken
wyth wyne oȝ ale/it wyll deſtroye
wycked humours ſ a mãnes bȝeſte
and the coughe. Alſo it deſtroyeth

the

the crampe/it heleth the bytynge of venemous bestes. Also yf a woman haue a deed chyldewithin her it wyll delyuer her without perel./ it is hote and drye.

☞ Iris.

¶ Thys herbe is called Flower-delyce, this is lyke to an herbe that is called Saue almoste in all fetures/but the flowere is more ynde blewe/this herbe groweth in water and gardyns. It is of the same vertue that Saue is of

☞ Iarus.

¶ Thys herbe is named Cocko pyntel thys herbe hathe leues lyke Mercury & a flower lyke to Dragance and it is bytter and pryckynge vpon the tonge/his vertue is yf a mā haue anyswellinge vpō the tonge or any swellynge aboute his eres/take the herbe and seethe it with Tuberosetatibus in wyne and oyle and with comyn & make

a playster therof and lay it to hys eares & it wyl make him hole. Also take the knobbes of the rote, and drye them and clense thē, and they haue vertue to make a man laratiue yf it be constypulatyue. Also yf thou wyl make the face whyte and clere take the powder of the rotes and laye it in rose water, and set it agaynste the sonne tyll it be consumed Do so twise or thryse, thē rub be thy face with ỹ powder, or what other place thou wyll, to frete awaye the superfluite of the flesche / Thys herbe is hote and drye.

℞ Jasia nigra.

¶ This is called Wadefelon or bulwede or knapwede.

℞ Jacia alba.

¶ Thys is called Golegras or wylde tansy, it is good for clensynge of a mannes lymmes.

☞ Jpia maior.

¶ Thys is named Pympernell it

hath

hathe leues lyke to Cheken mete it is good to hele woundes, and to destroye venym and to hele a man of the postume & to hele sore eyes.

Ipia minor.

¶ Thꝭ herbe is called Chekē mete

☞ Jacinetus rusticus.

¶ This herbe is called Blewebe tyme or andode or Kanbowe,

¶ Hic incipit littera. L. et primo. de herba Lanisticum.

LOuage thys herbe is called / hys vertue is meche in the sede / the more therof is good to be dronken with wyne to hele a mannes stomake, and for other euelles within a man, and for to make good degestyon, it is hote and drye.

Lingua ceruina.

¶ Thꝭ is called Hertes tonge, the vtu of it is good to ripe a postume

and

& breke it it be soden with oyle of Roses and a playster made therof and if it be dronken with wyne. or ale/it wyll herden a mannes wombe and it is good for the coughe/ and it is hote and dry.

¶ Lilium.

¶ This is called the Lyly/ the vertue of this is yt it be stamped with talowe & oyle and a playster made therof and layde to a place there as the postume is it shall rype it & make it to breke. Also take a great quantyte of the rotes and the sede of the Docke/ & the more of Louache and put all these in wyne and oyle the space of. xx. dayes and afterwarde sethe it and clense it/ and do therto wexe and make therof an oyntment and that is good to hele the sore and the hardnes of ỹ wylt. Also the ioyce thereof is good to hele the venym of adders. Also lay the ioyce thereof to a woũde that is

bytten

bytten and it will hele it / also take the rotes and roste them and temper them wyth oyle of olyue / and laye it to a place that is bzent / and it wyll hele it . Also thys herbe is good for many other thynges and deleases if it be dzonken wyth ale / wyne or water. Also it heleth and conforteth moche a mannes synowes. The vertu of thys herbe is in the Royes, and thys herbe is hote and dzye.

¶ Ligustrum.

¶ Thys herbe is called pzymrose / this herbe is good to potage. Also the ioyce putte in a mannes nose it wyll destroy the Megrym.

¶ Lingua bouis.

¶ Thys is called Langdebefe the vertue of this herbe is good to do away ỹ reed coloure of a mā . Also if it be dzonken it dothe awaye the Cardiacle and other wycked humours in a mannes louges . Also

the

the ioyce of thȝ herbe dr̃ken with hote water, maketh a man to haue a good mynde and good wytte, thȝ muste be gathered in June or in July, it is hote and dr̃ye.

℞ Lingua serpentis maior.

¶ Thys is called Adders tonge this herbe hathe leues lyke to Affodyll, but they be more grene / and also more sharpe in the ende / thys muste be gathered in Apryll.

℞ Lingua serpentis minor.

¶ Thys is called the lesse adder tonge, thys herbe hathe leues somwhat lyke to Pygyll, and it hathe a yelowe flower and out of the stalke cometh many braunches and it groweth in woodes.

℞ Lingua canis.

¶ Thys is called Hundestonge / it is good to destroye the coughe & the postume, and it wyl ripe aboch

℞ Lingua hicina.

¶ This is called Buckeshorne or Swineskerce

Swineskerce thys herbe hath leues kaltered as it were an Hertes horne/ and groweth / creppynge by the grounde, and it hathe a lytell whyte flower, it groweth in watery places.

☞ Lupinus.

¶ Thys is called Lupyne, this herbe hathe leues lyke to fyue leued gras, the Lupyne hathe .vi. leues, and it hath a whyte flower, and a whytesede that is somwhat brodet and it bereth coddes somwhatlyke vnto Bene coddes, the vertue of thys herbe is thus, yf a man haue wormes in his wombe, take the sede and make mele therof and the ioyce of wormwode and hony and make a cake therof and ete it, and it vnbyndeth the stoppynge of the lyuer & of the milte. Also it is good to destroye ỹ dropsy. Also take the same mele & the ioyce of Arsmerte & make therof paste and laye it to

thy eares

thy eres and it shall kyll the wor=
mes within them/or yf thou make
a take & hete it/it wyll do the same
Also yf thou wyll take the ioyce of
Lekes and temper it with the mele
and put it in thy eres/it shal clense
them fro all wycked humours and
stynkyng. Also take the same mele
and temper it with oyle and it wyl
breke and rype all maner of postu
mes thys herbe is hote and drye.

☞ Labrum veneris.

¶ This is called Sowthystell/ye
vertue of thys herbe is thus /yf a
man haue a hote feuer / take the
ioyce therof & temper it with hote
water and let hym drynke it and he
shalbe hole. Also if a man haue ve
nym within hym /take this herbe
and drye it and make powder ther
of and do the powder in goodwine
and let hym drynke it and it wyll
caste vp all the venym / it is hote
and drye.

Lauendula

☞ Lauendula.

¶ This is called Lauender, if this be soden in water gyue that water to a man that hath the palsy and it wyll hele hym, it is hote and dryye.

☞ Lactuca.

☞ Thys herbe is called Lettyse or slope wozte the vertue of thys herbe is thus. If it be eten rawe or soden it engendreth good blode Also thys herbe soden with a lytel Asell and Saffron and then dzonken/it helpeth a man that is stopped in the lyuer and in the mylte. Also yf a man maye nat slepe/take the sede of thys herbe and stampe it to poweder / and temper it with womans mylke and make a playster therof on lynt, and laye it to the temples of thy heede/ and thou shalt slepe well/or els dzynke the powder thereof with mylke. Also take the sede & temper it with oyle of Roses, and make a playster

and lay it to the stomake/and it is good to destroy the hote postume. Also drynke the ioyce of this herbe or pouder of ȳ sede for it is good to hele the Flyxe. But whothat vseth thys herbe ouer moche/it wyll de= stroy theyr syght, thys herbe is colde and sumwhat moyste.

☞ Lactuca siluatica

¶ Thys is called wylde Lettyse/ this herbe hathe leues lyke to the thystell, and they be sharpe & kene and it hathe a flower of purple co= loure and it groweth infeldes and in whete. Thys herbe is hote and drye.

☞ Lactuca leporina.

Thys herbe is called Harethystell this herbe hath leues like to Sow thistell, but the leues be not so endē ted/it droppeth mylke the vertu of thys herbe is thus If a hare eate of thys herbe in Somer when he is madde he shalbe hole. Also take thys

herbe

herbe and lay it to a mannes syde when he slepeth/or els ẏ he knowe not ther of/and it wyll hele hym of the feuers.

Lollium.

¶ Thꝭ herbe is called Cockle thꝭ herbe hath vertue yf it be dronken with Radysshe and a lytell salte / it is good to hele the Canker/or other woundes in peryll. Also it is good to conforte the stomake and the liuer. Also it wyll vnbide wormes in a mannes stomake. Also it helpeth a man to make water, and it is good for sore eyes. Also sub-fumygacyon therof wyll make a woman to bere her chylde without any peryll or harme. Also it wyll asswage ẏ great paynes of akyng of the lyuer it is hote ano drye.

Laparium rubeum.

Thꝭ is called the reed Docke, yf ẏ a man take the ioyce therof ⁊ hold

it in his mouthe / it wyll aſwage
the tothe ache. Alſo yf a man haue
the kynges euyll take thys herbe
ſethe it in wyne and ſtrayne it and
gyue hym to dzynke and he ſhalbe
hole yf he vſe it ofte. Alſo yf a man
rubbe hym with the toyce, it dothe
awaye euyll ytchynges. Alſo thys
herbe is good to delyuer wyndes /
that be ſtopped i a mannes ſtoma-
ke balkyng. Alſo thys herbe is good
to make ſcabbes and botches ripe.
Alſo it is good to make a man to
haue ahарde wõbe, it is hote & dzy

☞ Linum.

¶ This is called flex / it is good
if a man take the ſede therof & ſeth
it in water, it maketh a man laxa-
tyue, and it is good to make a play
ſter therof foz akynge ſoꝛes. Alſo
ther is another ſpece therof that is
called Cuſtula / it is named in en-
glyſche Dodure / and it growethe
amonge flex, the vertue of this is

good

good to purg a man of the colour
Also yf it be take and agreat quan
tyte therof sodden in Wyne and
oyle to gyther and a playster made
therof/it is good for the raynes &
for the brest/and for other akynge
lymmes.

☞ Lautiola.

¶ This is calledLawrell/it wyll
make a man laxatyne & it is good
to purge a man of flewme and of
the colour,it is good for a mā that
may nat eate,for if the ioyce therof
be put in his eres,or yf ꝑ sayde her
be be stāped and a suppository be
made therof and layd on rotten, it
wyl hele it,it is hote and drye.

☞ Licoritia.

¶ Thys is nāmed Lycoryce, the
roote of this herbe is swete and it
moysteth the kyndely hete of a mā
and it is good for the coughe. Also
yf it be soden in water,it wyll de=
stroy a mannes thurste. Also it ma

kethe a mannes breste/ hys throte and his lōges/ moyst and in good temper Thys is colde and moyste.

☞ Lappa.

Thys is called Clotes or Burres

☞ Lappa amersa.

☞ Thys is called a Clote

☞ De littera . M . Et primo de Millefolio minore.

MIlfoyle the lesse thys herbe is called . There is no defferēce of kynd nor vtue bytwene mylfoly the lesse/ and mylfoly the more/ saue the more groweth in gardens/ & the lesse in wylde places they be bothe of one strēgth his vertu shalbe declared in mylfoyle the more folowyng by letter.

¶ Mercurialis:

¶ Thys is called Mercury / hys vtu is good yf a man haue akyng in hys wōbe/ gyue hym to drynke

the

the ioyce and he chalbe hole, it wyl
clēle the stomake and the sede wyl
do the same. Also the ioyce tempe-
red with whyte wyne is good to
hele soze eyes / and yf a wozme oz
other venym haue bytten a man /
take the ioyce and warme it and
washe it. Also yf ther be any woz-
mes crepen into a mannes eares,
take the ioyce & warme it and put
it into hys eres and he shalbe hole
Thys herbe is hote and dzye.

Mynta.

¶ Thys herbe is called Mynte /
hys vertue is yf it be ofte eten / it
wyll slee wozmes i a mānes wōbe
Also if a man heue boches oz other
rennynges oz swellynge in hys
heed / take thys herbe and stampe
it and laye it to the soze and it wyll
hele it. Also yf a mānes tothe oz the
flesshe of ꝑ tothe ake oz stynke, take
thys herbe & seth it i whyte wyne
in Aysell / and take thatlycour and

walsshe his mouthe therwith, then take the powder of the herbe and rubbe wel his tethe therwith, & he shall haue a swete smellyngmouth Also take thou this herbe & Aysell and make sauce, and it wyll make ȳ to haue a talēt to thy mete. Also whē there shalbe gyuen any medecyne to destroye venym, it wyll be good to be giuen with the ioyce of thys herbe, for it hathe many vertues and namely for veni/ther be many spyces thereof and it is hote and drye.

☞ Menta romana.

¶ This is named whyte Mynte the vertue therof is the ioyce wyll slee wormes in a mannes wombe. Also the ioyce wyll slee wormes in the nosethyrles of a man. Also the powder therof caste in a mannes mete/it shall make him well to dreye his mete.

☞ Malua

This

¶ Thys herbe is called Malowe / the vertue of it is good yf the leues be stamped and layde to a mānes stomake it wyll breke a hote postume in the begynnyng Or els medle thy herbe with freshe swynes grese and lay it on a hote tyle, and lay it al hote to the postume & it shall rype it and breke it. Also it is good to destroye the hardenes of a mannes lyuer and mylte. Also it wyll make a man laxatyue, and it is good for playsters / it is colde and mayste.

¶ Mozell or nyght shadowe.

¶ Thys herbe is colde & drye in the .ij. degre, the leues, the braūches & the frute therof be right good, and beste when they be grene / they be good for stoppynge of the Splen and the lyuer, & beste for the Jaundesse to drynke the ioyce of it with a lytell Ruberte. Also for a postume in the stomake / in the bowels

or in the lyuer seth the ioyce therof with barlye water and drynke it.

Mastyke.

¶ Thꝫ gūme is hote and dry ī the ij. degre. It is a gumme of a tree growyng in a parte of the countre of Grece/in the latter ende of Ver the men of that countre slytte the trees and then make the grounde clene aboute and lay clothes roūde aboute the trees, or some other conyng to kepe the gumme from the groūde in chosyng of it/to knowe whiche is beste to take/the beste is whyte and clere, the whyte coloure is next the best & ẏ is medeled wyth erth & sūwhat darke, ẏ best Mastyke hath vertu of constraining, confortīg clēsige & losing of humours descendynge fro the heed aboue to the eyes and to the tethe / and for the desease of the temples made of and ascendynge wynde fro the sto-

make

make to the heed. Take powder of Maſtike/with whyte ſwete wyne/ and the whyte of an egge & medle them well to gyther and ye wyl, ye may put in frankencence and playſter it to thy temples. Alſo ſethe Maſtyke in water and drynke it & it wyll comforte well the ſtomake and make good degeſtyon/ and it comforteth & relateth the ſtomake and put to it Fenell ſede, and it putteth out wynde out of the ſtomake Alſo a playſter made of Maſtyke and Bole Armonyake & the whyte of an egge and vyneger and lay it on the forke of the ſtomake or dreſſ it wyl conſtrayne wel the colorike vanyte. Alſo ſeth maſtyke in rayne water and drynk it wt watme water and thys medecyne is good for the flux of ꝑ wombe that comethe of a ſharpe lax that was taken before to ſtoppe hym. And boyle maſtyke in rayne water Roſe

water

water wyth .ii. oz.iiii. cloues and
dzynke it warme and that confoz-
teth the vomyte and ỹ flux of the
wombe that cometh of charpenesse
and vyolence of the medecine. Also
Mastike must haue but lytell boy
linge foz hurtynge of his vertue &
it shulde be gyuen warme, foz it cõ
strayneth moze when that it is gy-
uen warme, then when it is ouer-
moch hote.

℣ Magerum

¶ This herbe is hote and dzye in
the seconde degre, the flowers and
leues be vsed i medecines, it shuld
be gathered in somer whẽ it flowe
reth, and dzy it in the shadowe. It
may be kept a yere, it hathe vertue
of confoztynge, of losynge, of con-
sumynge/and of clensynge, yf the
powder of it be dzonke in wyne/
oz els bole ỹ powder of it in wyne
& it wyll hete well a stomake. Also
it comfozteth the degestyon. Also

take

take ȳ leues and flowers of Mage
rum and powne thē a litel & make
them hote in a panne, and lay it to
the greuaunce and it taketh away
the desease in the stomake that co=
meth of wynde. Also for the reume
in the heed, take this herbe & bynd
it warme about thy heade. Also it
dryeth the mother and consumeth
the superfluyte of it.

¶ Millefoliū maior, or yarowe.
¶ Kynge Achilles kounde this her
be, & with it he heled hys men that
were woūded with yron, for woū=
des stampe thys herbe with swynes
grete, and plaister it to the woūde
and it shall hele, it, and the same is
good for an ache i the brest or syde
it is good for them that maye not
pysse, take the joyce of thys herbe
and vyneger & drynke it, and mer
uelously it helpeth a woūde / that
hath take colde. Stampe this her
be in butter and lay it to the woūd

and

and it wyll hele it well. Also to de=
gest ꝑ stomake or that lyethe ther=
in, take the ioyce of it and medle it
with water and hony and dr̃ynke
it warme. Also for deseases in the
body, take the pouder and medle it
with wyne or with good ale and
dr̃ynke it & it helpeth moche. Also
it is good for herte br̃ũnynge. Also
for the heed ache stampe thys her=
be and playster it to the heed. Also
for byttinge of a woode dogge, stã
pe thys herbe with the graynes of
whete and it heleth it. Also for him
that may not holde his mete, stãpe
thys herbe with wyne and dr̃ynke
it warme.

☞ Motherwort or Mogwort.

☞ Thys herbe in latyne is called
Artemesia/and it is hote and dr̃y
in the .iii. degre, thys herbe helpeth
a woman to conceyue a chyld, and
clenseth the mother and maketh
a woman to haue her flowers and

it de

it destroyethe the Emeraudes on thys maner. Fyrste they muste be gathered, thé take pouder of Motherwozte and of Hozehunde to gyther and strawe it on ỳ pappes. Also yf a chylde be deed in the mothers wombe, take Motherwozte and stampe it smal & make a playster therof and lay it to her wombe al colde, and with the grace of god she shall haue delyueraunce without perell/it is good foz the stone and the grauell in the raynes of a man oz of a woman; if a man bere thys herbe vpon him, there shal no venemous beste greue hym. It is good foz the yelowe iaundes and it be dronken with wyne/ foz it confozteth the stomake & makethe a man oz woman to haue good coloure.

☞ Maces.

This spyce is hote & dzye in the .iij. degre. Maces be rindes oz huskes/ it groweth

it groweth aboute the Nutmege as ẏ rynde groweth about the Hasel nutte, it may be kepte. x. yere in his vertue, it is confortyng dysiol uyage/and cõsumynge, the knowlege of fine maces is thus, it shuld be in coloure lyke to fyne golde or els lyke to golde that syluer is gilt with, the whiche hathe a sharpe talage with a bytternes, & it lokethe lyke to erth, & it is to be refused/ for it hath no sharpe sauour, for a colde stomake that may not defye nor degeste well, take maces and boyle them in wyne and drynke it. Also a good playster the which is best for a feble stomake, make pouder of Mastyke and of maces and medle them with oyle of roses and ware and make a playster therof & lay it on the stomake of ẏ seke person. Also to cleuse the brayne of superfluous humours, take a quãtite of Maces and chewe them well

in thy

in thy mouthe and holde thē there a whyle, and that shall lose the fumosite of humours that ryse vp to the braynes and purge the superfluyte of it. Also for feblenes of the stomake & ỹ lyuer of a colde cause and for ỹ colyke, and for the deseases of the spyrytuall membres / or slewme / boyle maces in the iuyce of Fenel and in the ende of the boylynge put in a lytell wyne / then straine it and drynke it for it is the best remedy for the forsayde deseases. And for the ache of the herte / vse powder of maces in thy metes and drynkes.

☞ Menta.

¶ This is named ỹ Reed Mynte it is hote and drye in the .ii. degre, and there be .ii. other myntes / but I meane house myntes, the whiche properly is sayde garden myntes, for that moste comonly is in medecines bothe greene & drye, for great

holsommes it shulde be dryed in a shadowe place/& so it wyll be kept a yere in greate vertue, to dissolue or lese to consume of hys ꝑper qualite and to comforte of his swete sauour, for the stynkyng of ꝑ mouth and filthe of the gũmes and of the tethe, washe thy mouthe and gommes with vyneger that myntes be soden ī, and after rubbe hym with the powder of myntes or with dry myntes to prouoke the appetyde whē an impedyment of the stomake that comethe of colde humours beynge in the mouthe of the stomake/make a salue of Myntes and vyneger with a lytell Synamum and peper and vse it well agaynst vomytes that comethe of feblenes of the stomake or of colde causes/ Sethe myntes in Sauge water & vyneger and dype it in and laye it on the mouth of the stomake with the Myntes that be sodden therin

Also

Also gyue to the pacyent to eate of the same Myntes for the syncopy= ne and feblenes i feuers and with= out feuers / or of medecyne / or of what cause it be / stampe Myn= tes with vyneger and a lytle wyne yf the pacyent be withoute Feuer/ and yf he be with Feuer / stampe Myntes with veniger alone/then make a toste of sower breade and toste it well tyl it be almoste brente then put it in that lycoure and let it lye therin tyll it be well soked / then put it i to his nose and robbe hys lippes, gummes, tethe and re= ples therwith and bynde it to the pulse vaynes of his armes, and let the pacyent eate themoystnes that is lefte, and swalowe it in. For to clense the mother/ take the tender croppes of Myntes and seth them in water or wyne and playster it to the share/and to the raynes / a= gaynst the cõgeling in a womãnes

breste, take ỹ ſmal ſtalkes of myn=
tes and ſethe them in wyne & oyle
and playſter it about ỹ tetes. Alſo
be it knowen that when any mede
cyne ſhulde be gyuen agaynſte ve
nym: it ſhulde be gyuen with the
ioyce of myntes/for myntes haue
a manner of ſtrength of drawynge
out of venym /or els it ſhulde be
with wyne that myntes hathe ben
ſoden in for ſtoppynge of the ſplen
and the lyuer and of the wayes of
the bryne of a colde humor and of
a hote without Feuer. Take the
ioyce of myntes alone or myntes
ſoden in wyne or the ioyce of myn=
tes medled with hony, and gyue it
to the pacyent. To ſlee wormes in
the belly, take the ioyce of myntes
and drynke it and thou ſhalbe hole
Alſo ỹ ioyce of myntes ſleeth wor=
mes in the eres. For a tetter take
the ioyce of myntes and put therto
Brymſtone and veneger & medle
them

them well to gyther and anoynte the tetter therwith and thou shalt behole. For a wounde in the heade stampe myntes and lay thé on the wounde. ¶c. For payne in the syde take myntes and seth them in olde wyne or ale & with it stampe. xviij. graynes of peper and dryncke it in the nyght/there be butlytell dyffe rence betwene thys mynte and the romayne mynte/thys is the gar= den mynte.

¶ N. littera et primo de Nux muscata.

Utmege is hote and drye in the. ii. degre, the beste groweth in ynde/ and in the tyme of hys ryppyng it is gathered, and. vii. yere it may be kepte/ they that be playne & heuy after theyr kynde be beste to be chosen. And when they be broken they fall nat to powder but they haue a swete

and sharpe sauour / yf they lacke
any of these aforsayde, they be nat
good for medecynes/ he hathe ver
tue of confortynge by hys swete sa
youre/for coldnes and feblenes of
degestyon of the stomake take in
the mornynge halfe a Nutmege or
a hole Nutmege and eate it. Also
for a colde stomake that is feble of
degestyon and for the lyuer gyue
hym wyne ỹ Nutmegges is boy=
led i. Also for the same boyle Nut=
megges and Mastyke i wyne and
drike it, this is good for ỹ deseases
in the stomake and i the bowelles
to breke wynde. Also i the recone=
rynge of a sykenes to comforte the
spyrytuall membres / boyle Nut=
megges and mastyke in wyne and
drynke it. Also take a Nutmegge
and smell to it/and it wyll cõforte
the spyrytuall membres.

☞ Napo.

¶ This is named Nauewe/it de=
syrethe

syreth grounde that is fatty / and sandy, it growethe beste in soche groūde. The ꝓperte of the Nauewes is, he chaūgeth & turneth into rape, and after that it turneth into Nauewe. The beste do growe in grounde well donged and turned. Also it proued well in places that stuble of corne hath bene inꝑ same yere . If they growe to thycke plucke some vp here and there / so that the other may proue ꝑ better, and those that ye plucke vp set thē in voyde places. They shulde be sowen in the ende of July and in Auguste, the beste sauored Neuewes be they ꝑ be longe & strayght and nat ouer great nor braunches in the rootes, but an strayghte roote. Also of Nauewes maye be made a passynge good meate with a lyttell salte and vyneger honye and mustarde & with swete spyces & it maye be mayde withoutspyces

Nauewes be hote in the seconde degre and they norysshe moche / but they be harde of degestyō, they make the flesshe sokte and wyndy / but lesse wynde then rapes. Therfore when ye sethe them in water / caste that water awaye / and sethe them in an other water and so hys harde substaunce is tempered by ȳ and so menely betwene good and euyll they gendre norysshynge, for they that be thuswell soddē be not harde of degestyon, they make one wyndy/and they make stoppynge of vaynes ⁊ of poores but yet they be profitable if they be sodden twyse and both the waters to be caste awaye/and they to be sodden wyth the thyrde with fatte flesshe.

¶ Hic incipit littera. O. Et primo de Olibano.

OLibanum is called Frankensence. Thys is hote and drye in the. iii. degre/it is a gumme of a tre

a tree in Inde the cleneste is the beste. Also there be trees of that kynde growynge in Camaske, but not clere noz good foz it is darker of coloure, therfoze it is to be refu= sed in medecyne, it hathe vertue of confoztynge by hys swete sauour. Also of closyng and constraynyng foz the tothe ache that cometh offlu perfluyte of humours of the heade and specyally by ꝑ vaines, make a playster of powder of frankensẽce with wyne & the whyte of an egge medle them to gyther and playster them aboute the temples. Also to stoppe thewayes of the baynes a= boue/take frankensence and che= we it well in thy mouthe and that shall stoppe and let the flux of hu= mours coming downe to the nose= thzylles Take pilles of frãkensẽce & swalowe them downe in the moz ninge, then boyle frankensence in wyne and at euen dzynke that whẽ

thou goest to bede. Also these pyl-
les be good to helpe the degestyon
of the stomake and good agaynst
sore balsynges. Also to the comfor-
tynge and clensynge of the Matry-
ce/and helpynge of concepcyon in
the receyuynge the fume of franke-
cence byneth. Also boyle powder
of it in wyne and whē it is metelye
warme dippe a clothe in it and lay
it so warme to the share of the pa-
cyent/and greatly it comfortethe
the Matrycē.

¶ Hic incipit littera. P. Et pri-
mo de pruna.

PLummes be colde and
moyste/some be whyte
some be blacke & some
be reade. They that be
blacke and somwhat
harde be the beste, they be called
Damsons/and when they be rype
gather thē and slet them & sprynge
byneger

vyneger vpon them and so they may be kepte in a vessell of woode a yere, and fyrste when they be cut they must be layde in the sonne. xv dayes to dry, these Damsons haue vertue of coldnes and clensyng of the inwarde partes wherfore they be good in feuers that be sharpe & for costefenes of the bely that co= methe of drynes or of Colorike hu mours dryenge, if it be newe gyue it hym to eate, if it be dry bayle itin water & gyue ỹ pacyent to drynke therof, thys is good for ỹ feuer ter cyan / for stoppynge of the lyuer / for the iaundys and sharpe feuers it softeth the bely, it is good for de faute of appetyte / and for many o= ther deseases.

¶ Piper.

¶ Thys is called Peper it is hote and drye in the. iiij. degre. There be. iii. maner of Pepers. Blacke, Whyte and Longe. Diascorides

and

and Constantyne sayeth that they be frutes of trees growyng i Inde and some saye that Peper is made blacke with brennynge in the fyer for when it is gathered there be great multitude of serpētes about it & therfore they put it in the fyer to brenne the serpentes ỹ be about it/the Saralyns dry it in an ouen by cause it shall not encreace in an other lande. But of all the Pepers the blacke is the beste/& the moste holsome. Take peper and put it in to the nosetrylles and it wyl make the to nese and sethe peper and fygges in wyne and drynke it and it wyl clense the spyrytual membres of toughe humours and it is good for the pose that is taken of colde. Also for ỹ same eate powder of peper with fygges. Also powder of peper put in a mannes mete comforteth the degestion of ỹ stomake also put lōg peperi a rosted apple

and

and eate it/ & it shall comforte the degestyon. Also powder of peper wyll freate awaye deade flesshe or proude flesshe, & longe peper comforteth more thē blacke. Also blacke peper hathe vertue of losynge comfortynge and of drawynge / it clenseth the spyrytual membres of colde flewme & vycyous humours and beste when the powder of it is eten with fegges for he hath great strenght of hetynge and comfortynge the stomake prouokyng appetyte, but to Sanguyne and Colorike plons it is not good to vse peper/for it dryeth & brēneth blode and it engendreth leper and other euyll sykenes / Plato saythe that peper is foule to see in sight with out blacke & within with a sharpe sauour and a swete odour, littel in quantyte and moche in vertue.

¶ Pympernell.

This herbe is good to hele woun-

des

des and to destroy venym/ and to
hele a postume and sore eyes.

¶ Pulegium

¶ Thys is named Pulyoll royall
it is hote and dry in the.iij.degre.
In the tyme of flowryng it shulde
be gathered/and it maye be kepte
in hys vertue a yere /when it shall
be vsed in medecynes/take ỹ leues
with the flowers and strype them
fro the stalke/and it hathe vertue
of losyne and consumynge / for a
cold humour in the heed take pow
der of it and hete it well in a Skel
let,and all hote vynde it to the gre
uaunce without any lycoure .Also
for a greate colde taken in the heed
and for a touth humoure or a wate
ry humour,make a gargarisme,se
the Pulyol royal and drye fygges
in a tarte vyneger / & take a good
sponfull therof as hote as ye may
suffer it and holde it in thy mouthe
tyll it be almoste colde then put it
out

out and take asmoch moze/and do so.iiij.oz.iiij.tymes and that shall purge thy hed well of flewme. Also sethe it in wyne and dzynke it and it is good foz the desease in the stomake in guttes/and foz colde causes/ oz foz wynde in the stomake. Also it is good foz toughe flewme i the bzeste/yf thou take powder of it & medle it with claryfyed honye and make a lectuarye therof and vse to eate therof,oz take the herbe therof & boyle it with wyne,hony/ oz water and vse to dzynke therof. Also foz the blacke coloure dzynke ỹ ioyce of it oz boyle it with wyne and thou shalbe hole. Also foz a ytchynge byle/laye thys herbe in water and vse to wasshe the ytchynge therin warme & thou shalbe hole. Also foz ache take thȝ herde al grene and stampe it & plaister it to the ache & it wyll ease it. Also agaynst

the

the cough boyle thys herbe i wyne, and drynke it luke warme and thys wyll make one to pysse well. For the desease in the bely stampe thys herbe with comyn and water and lay it hote to the nauel and lightli it shalbe hole, for the dissease in ỹ lyuer stampe thys herbe and temper it with water and vinegar and drynke the ioyce therof/and thou shalbe hole. For an ache i ỹ legges or armes take the leues of elder & Pulioll royall of euery lyke moche and stampe them to gyther well & playster it to the greuaunce/and it is good for ỹ feuer tertian/yf thou take the braũches of this herbe & wrappe it in a good locke of woll and gyue it to the pacyent and let hym smell therto before the feuer come on hym and that shall do him greate ease. For the heed ache take thys herbe & bynde it fast round a boute thy hed and anone it seaceth

the

the ache. Also yf a woman haue a
deed chylde in her wombe, stamp
thys herbe and gyue her to dryncke
wyth olde wyne, and he shalbe de-
lyuered of it by the grace of good,
For the crampe dryncke the toyce
wyth vyneger fastyng and it wyll
put it awaye.

¶Pencedanum vel Feniculus porcinus.

Thys herbe is called mayth Hog-
ges fenel or maydeu wede thys her-
be is hote and dryye in the.iii.degre
when thys herbe is gathered for
medycynes the rotte is better then
the herbe, when the rotes be gathe
red they maye be kepte al a yere, it
hath a purgyng vertue, it is good
for the strãguylyon or the flyx and
good for stoppynge of the splen &
the lyuer, boyle this herbe in wyne
or water and gyue it to the pacyẽt
to dryncke. Also sethe it in oyle and
wyne and playster it to the shate &

it wyl helpe the stranguylyon or ẏ flyx. Also ẏ same playster is good for hardnes of the splen it molyfyeth that, Also agaynst the colde humours of the spyrytuall membres gyue hym to drike water with barly and this herbe sodden togyther and yf it be feruent colde humoure then sethe the Barly and the herbe in wyne/ and gyue it to the pacyēt to drynke with Lecoryce.

Petrocilium.

¶ Thys is called Persly, thys is hote and moyste in the. iij. degre. It multyplyeth greately mannes blode and doth away the Tysyke/ it helpeth wel to destroy the Feuer tertian/ it is good for the syde and the dropsy, it comforteth the herte and the stomake/and it is good in potage and to stoppe chyckens.

Peritorium.

This herbe is called Peritory and

it is

it is hote & dry. The vertu of thys herbe is thus. Yf a man haue an euyll stomake or elles akyng within him, take thys herbe and seth it in thy potage and eate therof, and thou shall do well. Also this herbe is good to hele one of the stone / yf he be bathed with it.

¶Plastinaca.

¶ Thys is called a persneppe, it is hote and moyste in the seconde degre. There be .ii. maner of Persneppes the one is the Persneppe of the garden, and the other is the wylde Persneppe. They be more vsed to mete then to medicyne hys vertue is to engendre thycke blode & much wherfore it styrreth ỹ luste of the body yf it be muche vsed therfore it is good for a mã that is newly recouered oute of hys greate sykenes to vse to eate of it awhyle. Also they be good to be eten rawe or soden for ỹ melancoly humours

grene and nat dzye. To make a ſe-
cope to ſtyze the luſte of the body
and foz to comfozte the degeſtyon
take rotes of Parſneppes & ſethe
them wel in water, then take them
out and caſt awaye the water and
the rotes that be in gobbettꝫ boyle
thē agayne i water thē put therto
hony well clariſyed and lette them
boyle vnto the thyckenes of hony
and cōtinually ſtyze it that it cleue
nat to the veſſell and in the mydle
of the boylynge, put in almondes
yf ye haue them, in the ende of the
boylynge put in, gynger, galynga
le, and a lyttell Peper Nutmegge
& other ſwete ſauored ſpeces. Alſo
Parſneppes may be ſowen in De-
cember / January and March in
fat grounde depe doluen, and loſe
groūde and beſte dygged, and they
be ſomwhat wyndy. Boyle them
in two waters but caſte awaye the
fyzſte water. Alſo there is Par-
ſneppe

sneppe that is sumwhat reed, the which may be eten both rawe and soden & wyth the and Nauewes to gyther ye maye make a very good meate and fayre and red in colour the whyche be sodden as Parsnep pes be.

¶ Plantago.

¶ This is called Plantayne, it is colde and dryye in the. ii. degre/for heed ache take Plantayne & binde it aboute thy necke & the ache shal go out of thy heed. Also for dessea-ses in the body, sethe thys herbe in good lycour what ye wyll and vse to drynke it and it shall clense the mawe & the other inwardes. Also for hym ỹ bledeth at the nose gyue hym to drynke the ioyce of it and it shall cease lygtly. Also yf ỹ body of any man be weren hard, stampe thys herbe with grece and make a playster of it & laye it on the hard-nes and lyghtly it shalbe softe and

make it hole. Also for bytynge of a
serpent, take this herbe and drinke
it with wyne. Also for the desease
in the mouthe take the ioyce of thys
herbe & holde it lõge in thy mouthe
and eate the leues of this herbe, for
hym that maye nat well pisse sethe
this herbe and drynke it. Also for a
rotten humour in the breste and a-
boute the herte / take the ioyce of
this herbe the wayght of .r. ỏ. and
medle it with hony and gyue hym
to eate a sponefull at one tyme and
that shall purge the breste, for ache
in the fete, take this herbe with vy
neger and drynke it. Also it heleth
woundes and cleseth the fylth out
of woundes. Also it swageth ran-
kelynge and stauncheth the men-
eyons bothe with drynke and with
playsters made with pouder of Ar
monyake and of sãdragowne and
Barly medled wt the whyte of eg-
ges made in a playster & layde to ỹ
sore

soze, soz the Canker and the payne in the gũmes, take the ioyce therof and medle it with hony and byneger and pouder of Alume and that shall slee the Canker in the mouth. Also soz the feuers stampe.iiij. Rotes of plantayne, & tempze it with water and gyue it hym to dzynke that hath the feuers and he shalbe hole/ soz the Jaundes stampe Plãtayne and Lettyse togyther & temper them with byneger and make aplayster there of and lay it to thy ryght syde & vse it tyl thou be hole, & it is good soz ỹ bytinge of an adder dzynke the ioyce of it & lay the substaunce of the herbe to the soze, soz the same hange the rote of plantayne aboute the necke of the pacyent and meruelously it helpeth, soz the potager and soz the desease in ỹ synowes stãpe the leues of it with a lyttell salte and playster it wyll therto and meruelously it helpeth.

¶ Porrum.

¶ This is called a leke/it is hote and drye i the.iii.degre/it desyreth louse groũde and fat and wel dunged in that they shall beste profyte in hote places and tẽperate They maye be sowen in Decembre in tẽparate places & colde. They maye be sowen in January February & Marche when the groũde is well dygged and dyght and it maye be sowen by it selfe or medled with other sedes of herbes in good fatte grounde well dygged and turned aboue it with good dõge, this sede wolde be sowen somwhat thycke/ & when they be somwhat spronge take vp the greatest lekes & plãte them in forowes but take awaye none of their rotes whan ye set thẽ in ẏ forowes / but whẽ ye set them wyth a dyble / then cut awaye the roces almoste vp to the leke heed & awaye the vppermost of the leues,

they

they maye be plantyd in, July, Auguste September & October, they be much profitable in March and in Apryll nexte folowynge / but in youre plantyng you shall not seke after fate softe groũde for menely ground that is beste & that groũd that is almoste dryye is beste, there is. ii. maner of settynge of lekes / one is in forowes, as is the maner in Bonony and the forowe muste be fro the other a spãne large and the lekes must be set in the forowe iiii. fyngers brede eche frõ other & whẽ ye make the next forowe caste the erthe on the lekes and trede it downe softely with thy fote. The, ii. maner is thus when ỹ groũd is wel dygged & raked then make holes with a great dibil & euery hole fro other a large spã more ĩ whych the lekes must be set in, but fyl not thy holes nor put erthe on thẽ but let thẽ be boyd. iii. wekes, whẽ we

des growe among them pul them vp & kepe thē clene frō wedes, Dy-uers auctours say that the Lekes that be thus planted be better thē any other, or they may be well plā-ted amonge great onyons & when the onyons be taken awaye, wede the lekes and you shal fynde them fayre and good, & when ye plucke vp leue some in a place, & leue some for sede the which sede may be kept iiij. yere and it be hanged vp in the hulles/lekes be beste soden, or iiij. tymes washed before they be eatē. For a woūde take lekes and stam-pe them well with hony and lay it to the wounde and it wyll hele it, for ỹ cough take ỹ ioyce of lekes & vse to drinke it, for ỹ sam take ỹ ioy-ce of lekes & medle it with womās milke and vse to drynke it, & it wel clense the longes of all dyces.

¶ Fracturae solidat durities que re-laxat.

Vul-

Vulnusque abpositum, cero cum sale claudit.

Piretrum.

Thys is called Pelleter, It is hote & dry i ỹ. iij. degre, the rote is vsed in medecynes, kyue yere he may be kept in hys vertu, & knowe ye wel ỹ hys sharpnes is not knowē, it shulde be powned & holden i ỹ mouth. He hath vtu of losyng & drawing & of cōsuminge To make agargarisme take pelleter & kygges & boile thē i vyneger or swete wyne & it wyl clē-se ỹ brain of superfluite of flume also yf it be chewed in the mouth it hel-peth ỹ palsy in ỹ tonge. Also for ỹ Palsy & the potager stāpe it & seth it i wyne & oyle & playster it to the greuāce thys playster helpeth much therfore yf thou may haue grene pe liter stāpe it & lay it i sokige i wyne xb. daies, & after boile it wel & put therto were & oyle for thys is ỹ beste oyntmēt for all ỹ forsayde deseases

Papauer

¶ Papauer.

¶ This is called Popy, it is cold and drye. There is. ii. maners of them. The whyte Popy is colde and moyste and it is good to cause one to slepe. The sede therof well gathered maye be kepte. x. yere / it hath vertue of clensynge It is put in medecynes wyth a determynacyon as the sede maye be receyued of whyte Popy or blacke. For to prouoke a slepe / make a playster of eche of them or one of them wyth womans mylke and the whyte of an egge and laye it to the temples The woman of Salerne gaue to yonge childzen the Popy but they wolde gyue them no blacke Popy for it made them to muche heuy. Also for a hote postume in the begynnynge and for chafynge of the lyuer take the sede of whyte Popy or elles the herbe of it, & stampe it and medle it wyth oyle of Roses

and

and playster it to ẏ greuance. Also for drynes in feuer etyke and in other feuers take & hete oyle of vyolet medled wyth powder of Popye sede, and anoynte the small of the backe therwith.

☞ Polipodium.

¶ Thys is called Pollipody, it is hote in the. iiii. degre and dry i the seconde degre. Thys Pollipodye is a ferne that groweth vpon okis or on walles or stones but the Pollybody that growethe on okys is the best, Gather the rotes of it and lay it a day in the sonne chose that is grene and that whiche appereth dry when it is broken it is to be refused, he hath vertue of dyssoluing of drawyng of purginge flewme & specyally melācoly, wherfore communely he is put in boylynge and to fleumatyke and melancolyous hole men, he is gyuen to preserue theyr helthe /and knowe well that

in thy

in ỹ boylynge of pollypody shulde be put in some thynge to exclude & put out ventuosyte as Anyse sede fenell sede or comyn or els al these aforesayd sedes for they exclud out moch wynde and vnbyndethe humours. Also for the cotydyan and For Illica passio and to kepe a mānes helth do thus stampe halfe an vnce of polypody or an ounce if ye wyll haue it moch laxatyue, then boyle it with Prunes and violettes in fenell water or anyse / in a greate quantyte then strayue it, & gyue it the pacyente at moznynge and euenynge. Also stāpe it & seth it in water with fenell sede, & with water, & make a broth with a cheki therin with swete sauored spices & giue ỹ pacyēte to eate Also make a drike therof after thy maner stāpe it & boyle it i wine & after put moze wyne therto and so make vp your drynke with swete sauored spyces.

Pienium

¶ Thys is called Pyeny/it is hote and dry in ỹ secõde degre, so sayeth ypocras & galyen the good phy= losafers, they say that ỹ roote ther of groweth to dyuers medecynes and it wyll laste .x. yeres and it is colde for the palsy, dry therof, and dryuke pouder with Caster sodden in wyne. Also the same is good for the Stone. Also yf a man be co= stiue and may nat go to the draught take and strawe the powder therof on Cotten and put it in to his fundement/and dryuke the po wder in whyte wyne. Also for a man or woman that hathe the fal= lynge euyll eate it and dryuke it in wyne. Also hange the roote a= boute his necke and it wyll saue hym without doubte within .xb. dayes. Also it helpeth the sores in the mouthe. Also yf thou seth it in wine it helpethe the splen. Also

dryuke

dzynke pyeny with water & honye and do therto powder of Colyander and thys is good foz the stomake foz the mylte and foz grauell in the raynes. Also it is good foz women foz dyuerse dyseases . Also se the it in whyte whyne and gyue a womã to dzynke therof and it wyll hele her bledder & make her to pisse the stone, and it wyl hele her of the Watris. Also Pyeny sede when it is blacke it maketh delyueraunce of the bed of the chyld in her wõbe and at euery tyme when she shall vse to dzynke it, she muste dzynke .xv. sedes at one tyme.

¶ Q. Littera. Et primo de Quinquefolio.

Uynckfolio is colde & dzy in the seconde degre this herb is good foz ach in a mannes lymmes / & foz ache of the heed/mouthe/ tong and thzote that be soze/ take and sethe

lethe this herbe in wyne and gyue the pacyent to dzynke therof. iij. dayes fyzste & laste and he shalbe hole. Also stampe it and dzynke the ioyce of it in ale & it wyll cease the akynge and guawynge of a man oz woman. Also yf a mā blede soze at the nose/gyue hi to dzynke the ioyce of it with wyne/& anoynt his hed well with the ioyce of this herbe/and anon the blode shal staunche. Foz to slee a Canker/lethe it in wyne and the grece of a swyne and make a playstertherof and lay it on the Canker and it shal slee it. Also take powder of quynckefoyle and medle it with hony and therwith rubbe thy mouth/tonge/and thzote/and the chekes within and it wyll purge it well. Also foz poyson and bytynge of a serpent take the ioyce of Quynkefoyle and dzynke it with wyne & it cruelously it relysteth venym

¶ Hic incipit littera. R. and fyrste of Rybewoꝛte.

RYbewoꝛte is good foꝛ ẏ feuer quartaine take the toyce of thys herbe and dꝛynke it. ii. howres befoꝛe ye thynke ẏ diſeaſe ſhal come to you and by the grace of god it ſhall go from you.

¶ Red netle.

¶ Take Reed Netles / and ſtãpe thẽ ſmal & ſethe thẽ in an ertthẽ pot with a poꝛcyon of whyte wyne tyll halfe be waſted, and gyue the pacyent to dꝛynke fyꝛſt and laſt warme and lay the herbes to the foũdemẽt as hote as the pacyent may ſuffer it / and vſe thys medecyne tyll he be hole.

¶ Roſa.

¶ Thys is the red Roſe/it is colde in the fyrſte degre and dꝛy in the ſe conde degre. Dꝛy roſes and grene roſes be vſed in medecynes, and of

grene

grene roses be made many confec-
tyons. Also dry roses be put in me
decynes / when a receyte of roses
is made / for they be sone made in
powder / of roses is made Mel ro-
set/ Surget roset/ syrop of roses a-
lectuary of roses / water of roses /
and oyle of roses . Mell roset is
made thus take fair purified hony
and newe reed roses the whyte en-
des of the clipped away then chop
pe them small and put them into
the hony and boyle them menely to
gyther / to knowe whē it is boyled
ynoughe / ye shall knowe it by the
swete, odoure and the colour ruffe.
Fyue yere he may be kepte in hys
vertu, by the roses he hath vertu of cō-
fortynge/ and by the Hony he hath
vertu of clensynge, In wynter and
in somer it maye be gyuen compe-
tently to feble, seke, flumatyke/ me-
lancoly / and colorike people: also

Mulsa is made of water and mele
roset and it may be gyuē after the
iii.day ẏ it cometh out of the bach
for to clense the stomake of clod hu
mour/gyue hym mel roset with wa
ter that fenel sede is boyled in put
tynge therin.iij.graynes of salte/
yf the sycke may take it this shulde
be the quantite of roses and hony.
In.vii.pounde of hony put a poū
de of Roses Suger roset is made
thus. Take newe gathered Roses
and stampe them ryght smal with
Suger then put it in a glasse and.
xxx.dayes let it stande in the sūne/
and styrre it well and medle it well
togyther ⁊ so it may be kepte. iiii.
yeres in his vertu. The quantite
of Suger ⁊ Roses shulde be thus
in.iiij.pounde of Suger a pounde
of Roses/he hath vertu of cōstray
nynge and comfortynge of the flur
in the wombe, Take Suger roset
and powder of Mastyke of euerye
one

one a dram/and medle the well to
gyther and gyue it to the seke after
that giue hi rose water that Ma-
stike and cloues be sodden in. Sy
rope of Roses is made thus some
do take roses dyght/as it is before
sayd and boyle them in water/and
in ꝑ water straynedthey put Su-
ger and make a syrope therof/and
some do make it better forthey put
roses i a vessel hauinge a straycht
mouth & they put to the roses hote
water and they let it stande a day
and a nyght,and of thatwater put
tynge to it Suger they make sirop
and some do put more of roses in
the forsayde vessel & more of hote
water,and let it stãde as is before-
sayde and so they make areed wa-
ter and make therof a syrope. And
some do stampe newe Roses and
then straynge out the ioyce of it and
Suger therwith they make syro-
pe,and this is the best makyng of

syrope & knowe ye well that syrope made of fresshe and newe Roses fyrste sumwhat menely they lax, in ye ende they bynde, but syrope made of drye Roses fyrste and laste they bynde. Syrope of Roses hath vertue of comfortynge and constraynynge agaynste the flux of the wōbe and the vomyte gyue it to hym with rayne water or with rose water i a feuer. After lettyng of blode gyue it hym with colde water. Also the same for the Sincopine. Oyle of Roses is made thus, some boyle Roses in oyle and kepe it / Some do fyll a glasse with Roses & oyle and they boyle it in a caudron full of water & th' oyle is good / Some stampe fresshe Roses with oyle & they put it in a vessel of glasse, and set it in the sonne. l. dayes and this oyle is good agaynste chatinge of the lyuer / yf it be anoynted therewith. Also it is good for the desease

in the

in the heade that cometh of hete a-
noynt the forhede and the temples
with oyle of Roses. The water of
Roses hath vertue of comfortynge
and constraynynge agaynste the
flur of the wõbe and vomyte. Also
gyue hym rose water boyled with
Mastyke and cloues it is beste a-
gaynste the flur ⁊ feblenes of ver-
tue yf it come of a flur by a sharpe
medecyne. Also rose water is good
for the Syncopyne and ẏ Cardy-
acle gyue it hi to drynke ⁊ sprynge
the water on hys face, and ẏ water
is good for eyes and in oyntmẽtes
for the face / for it taketh away the
wemmes and the superfluyte and
straynethe the skynne. . Also drye
Roses put to the nose to smyll do
comforte the brayne and the herte
and quencheth the spyryte. Also
agaynste the flur of the wombe
of couloure gyue hym Roses boy-
led in rayne water. Also a playster

made of roses and the whyte of eg
ges and vineger and dip a sponge
in it and lay it on the mouth of the
sto make agaynste the syncopynē/
gyue hym to drynke water that ro
ses haue bene boyled in/and gyue
hym powder of roses ī a rere egge
to make oyle of roses/take .ii. lj. of
oyle a, li, and an halfe of roses and
put all in a glas/and put the glas
in a Cauderon full of water and
hange it therin and boyle it tyl the
thyrde parte be wasted and after
strayne it through almin clothe ⁊
kepe it for your vse for this oyle is
losing and serueth for many thyn=
ges. Some do put rose water in a
glas and they put roses with their
dewe therto/⁊ they make it to boy
le in water/then they set it in the
sonne til it be reed/and thys water
is beste/thys hathe vertue of com=
fortynge and constraynynge and
for the flux of the wombe and a=
gaynst

gaynst the vomyt. ❧:❧

¶ Rosemary

¶ Thys herbe is hote and drye take the flowers and put them in a lynen clothe and so boyle them in fayre clene water to the halfe and coole it/ ⁊ drynke it for it is moche worthe agaynst all euylles in the body. Take the flowres and make powder therof and bynde it to the ryght arme in a lynen cloth and it shal make ẏ lyght and mery. Also ete the flowers with hony fastynge with sower brede ⁊ there shall ryse in the none euyll swellynges. Also take the flowers and put them in a cheste amonge your clothes or a monge bokes and motthes shall nat hurt thē, boyle the flowers ī gotes mylke and then let thē stāde all a nyght vnder the ayer fayre couered after ẏ gyue hym to drīke therof that hath the tysyke ⁊ it shall delyuer hī, Boyle the leues in whyte

wyne andwasshe thy face therwith thy berde and thy browes ⁊ there shal no cornes grow out, and thou shall haue a fayre face. Put the leues vnder thy beddys heed ⁊ thou shalbe deliuered of al euyl dremes Breke the leues small to powder and lay them on acāker and it shal slee it. Take the leues and put thē into a vessell of wyne and it shall preserue it fro tartenes and euyl sauoure/and yf thou sell that wyne thou shall haue good lucke in the sale. If thou be feble with vnkyndly sweate/take and boyle the leues in clene water and when the water is colde do therto asmoche of whyte wyne/and thē make therin soppes ⁊ ete well therof/and thou shall recouer appetyte. If thou haue the flure boyle the leues in stronge Aysell and bynde them in a lynen clothe and bynde it to

the

the wombe and anone ỹ flure ſhall withdrawe. If thy legges be blo=wen with the gout boyle the leues in water/and then take the leues and bynde them in a lynnen clothe aboute the legges and it ſhall do the good. Take the leues and boy=le them in ſtronge Aylel and bynde them in a clothe to thy ſtomake & it ſhall delyuer the of all euylles. If thou haue the coughe / drynke the water of ỹ leues boiled ī whyte wyne/ and it wyll hele the. Take the rynde of Roſemary and make powder therof and drynke it for the poſe and it ſhall helpe ỹ. Take the tymber therof and bryne it to toles and make pouder therof and then put it in a lynnen clothe and rubbe thy tethe therwith / and yf there be any wormes therin it ſhal ſle thē & kepe thy teth frō al euilles Alſo make the a bore of ỹ woode & ſmell to it and it ſhall preſerue thy

youth.

youthe. Also put therof in thy do-
res or in thy house and thou shall
be with out daũger of adders and
other venemous serpẽtes. Make
the a barel therof and drynke thou
of the drynke that standeth therin/
and thou nedes nat to fere no poy
son that shall hurt the and yf thou
set it in thy garden kepe it honestly
for it is moche profytable. Also yf
a man haue loste hys smellynge of
the ayre or els he may not drawe
his brethe make a fyer of the wode
and take his brethe therwith and
gyue it hym to ete & he shalbe hole

¶ Ruta.

¶ Thys is called Rewe / thys is
hote and dry in the.ii.degre / the le
ues and the sedes be vsed in mede-
synes ỹ sedes may be kepte.i. yere
and the leues a yere, he hath vertu
of purgynge/dissolupuge and con
sumynge/ for the heed ache take ỹ
ioyce of rewe and hete it and put it

unto

into hȝ nosethyrlles for it purgeth out flume and clenseth the brayne the toyce soden with wyne is good for the same. For feblenes of lyght put Rewe in a pot with ale and let the pacyent vse to drynke of it. For stoppynge of the splen and lyuer/ the strāgury & the flux sethe Rewe in wyne with rootes of fenell or powder of Rewe / with the toyce of fenel and drynke it warme.
Also for an ache or fretyng, stampe Rewe with powder of comyn, and playster it to the greuaunce. Also agaynst venym/drynke ȳ toyce of Rewe. For bytynge of venemous beste or worme / playster Rewe to the bytynge/ For feble eye syghte styll water of Rewe and roses to gether and put therof i your eyes.
Also an ointmēt for soze eyes, stampe Rewe and Fenell together of ytche lyke moche be wayghte and medle thē with hony and Eufrose

and

and it is good oyntment for eyes/
Take Rewe / Comyn / and Peper
of yche lyke moch by wayght/and
grynde them small togyther and
medle them with hony and vene =
ger and it is good for the ache in ȳ
breste and in the raynes.

¶ Hic incipit littera . S. Et pri =
mo de Sinapio.

Sinapium is called
Mustarde/it is hote &
dry in the mydle of the
iiii.degre/and nat the
herbe but the sede is
put in medecynes. Fyue yere he
may be kepte in hȝ vertu. He hath
vertue of losynge/of drawynge, of
makynge thyn/and of cōsumynge.
For the palsy of the tōge take and
chewe the sede in your mouth, and
hold it vnder the tonge and it shal
do you good. Also for the palsye
in other membres sethe the sede
in wyne and lay it to the sore place
and

and it is beste in the begynnynge of the deseale Also take the powe= der of it and put it into your nose= thyrlles and it wyll make you to nese and it clenseth the brayne and superfluyte of fleume. Also sethe it in wyne and kygges and holde it watme in your mouthe tyl it be al moste colde thē take as moch more and do so. v. or. vi. tymes a day/al= moche another day & this is good for an olde pose of toughe and flu my humour in the heede. Also for stoppinge of the splē and the lyuer sethe the sede in water with rooles of Fenell then strayne it, and put therto hony and gyue it to ỹ sycke to drynke. For hardnes of the splen sethe the herbe of it in wyne & play ster it to the greuance For to dyge and breke a postume stampe thys herbe well with hogges grece and laye it to the postume. Also for Strangury take the herbe of this

and

and sethe it in ovle and wyne and playster it to the greuaunce and it wyll louse it. Also for the Ciatica and for other olde sores take mustarde sede and the thyrde parte of crōmes of whit brede and fygges hony and vyneger after as ẏ ache of the sore requyreth the more of ẏ fygges and the hony that is there the more sharper is thestrength of the sede/and the more brede and vyneger that is in it the more weker is the sede/but I say nat ẏ ye shall put this confeccyon toall sores but to greate and olde sores His vertu is yf he be eten it sharpeth a mannes wyt it clenseth the bely/it breketh the stone it purgeth the vrine menstrosite and comforteth the stomake.

¶ Smalage.

Take Smalage sede/Rewe sede/ Peper and salte and grynde them well togyther and tempre thē with wyne

Smallage hot and dry the juice clenseth openeth, attennuateth or maketh thin, it removeth obstructions, & provoketh vrine. Smallage as Plinie writeth, hath a peculiar vertue against the biting of venemous spiders.

wyne and drynke it / for it is good for colde and wycked humours in the stomake and cōforteth the stomake, the lyuer and the longes, it is good for woundes. For rankelynges and to cease the brennynge and akynge and to brynge them to theyr kynd agayne. Also it is good to drynke for the feuer tercyan.

¶ Saluia.

¶ Sage is hote in the fyrste degre and drye in the seconde degre/ the leues only be taken in medecynes both grene and dry/ he may be kepte a yere, There be. ii. maners of Sages, the garden and ẏ wylde Sage, If thou wyl haue Sage in for medecynes take ẏ leues of garden Sage for that cōsumeth more and comforteth more thē the other dothe. For the palsy sethe ẏ leues of sage ī wyne ⁊ vse to drīke it. For the same seth ẏ leues ī wyne ⁊ playster it to ẏ greuaūce, also it is good

the juice of smallage mixed w honie & beane flower doth make an excellent medicalind for old vlcers & malignant sores and staieth the weeping of cut or hurt smeres in simple members which are not very fattid or fleshie, & bringeth ye same to perfect digestion. J. Gerarde.

to put in sauce. For the strāgury, ẏ
flux & the maryce it clenseth, sethe
the leues in water & let the pacient
syt ouer it & receyue ẏ hote fume of
it and it shall do him moche good
Also it is good for venym or poy=
son. Seth sage in ale or wyne and
vse to drynke it. iij. dayes and thou
shalbe hole by ẏ grace of god. For
the stomake drynke ẏ ioyce of sage
with water and hony/& it is good
to clense a mannes body to vse it
both rype and grene/it wyll make
a mānes body clene/ therfore who
that vseth to eate of thys herbe or
drynke it/it is meruayle that anye
in conuenyent shulde greue them
that vse it. If ye haue an ytchynge
on you wasshe it well with ẏ ioyce
of thȝ herbe & it shall slee ẏytchyng
Also drynke sage with wyne & a ly
tell wormewode and it shall cease
the ache vnder the sydes, the wom
be/and the stomake/ it is good
for

for the palsy and dropsy.

¶ Satureia.

¶ Thys is called Sauery it is hote and dry i the.iiii. degre / sethe it in wyne or water and drynke it and it purgeth the raynes / ỹ bladder / the menstruolyte in the bowelles, it purgethe the longes and loseth greate humours and compelethe and putteth hym oute by the mouth by spitttinge / therfore he is brennynge and styrreth hym that vseth lechery therfore it is forbyde to vse it moche in metes, Soke it in byneger or wyne and drynke it and it shall make the haue a meke stomake. Also whē it flowerethe it shuld be gathered & dried & pouder made therof. Also take ỹ pouder of Sauery & boyle it with claryfyed hony & vse to ete therof, or boyle it in wyne & drynke it and it wyll lose toughe flume i ỹ breste. Also for fretynge i thy bely drynke powder of

it in watme wyne and thou shalbe hole. Also yf ye take the lesse sauery it hath the same vertue & strength that the other Sauery hathe. Also make grewell with water and flower and poudet of Sauery & eate therof & that shal cleuse al ỹ spyrytual membres of a man.

¶ Saxfrage.

¶ This is hote and dryy in the. iii. degre, for the stone seth the rote of it in wyne and dryuke it. Also it is good for the desease of the colike & the strangury, and the pouder of it be eatē with an egge, it is good for the same. It maye be kepte in hys vertue. iii. yere.

Scabiosa.

¶ Thys is called Scabias it is hote and dryye i the. iii. degre, to dry it ther is no ꝓfite in it, for scabbes take the ioyce of it / vyneger / and oyle and boyle them togyther tyll they were thycke, and kepe it for it is good

is good for scabbes. For the Emerawdes sethe them in water then sitte ouer it and take the flume of it and vse it & thou shalbe hole, stãpe it and seth it in wyne and ỹ drynke is good to dystroy humours in the stomake, and drynke it euery daye fastynge with Eurose & thou shalbe hole and thou shall neuer haue the pestelence bredynge with in the whyle thou do vse it. For the lyuer stampe it and seth it in wyne and drynke it.

Sothernwode.

This herbe is good for the coughe and forbyndynge in the bely and in the breste and for deseace in the bones, and good for thẽ that may nat well pysse take the sede of thys herbe and stampe it and drynke it with water/ & it is good for all the aforsayde. Also for the dessealses in the syde, stampe thys herbe with Betayne and drynke it and it hel-

peth well. Also for the bytynge of a serpēt and for venym stampe thys herbe and drynke it with wyne and it is good. Also for the colde feuer stampe thys herbe with wyne and drynke it and thou shalbe hole.

¶ Syngrene.

¶ Thys is colde and moyste in ỹ iii, degre / the ioyce of thys herbe and also the same herbe is ryghte necessary for many diseases/ stampe thys herbe with grece and playster it to ỹ release and meruelusly it helpeth. For dysease and darkenes of eyes, stampe this herbe and put of the ioyce in ỹ sore eyes. For chafyng of the lyuer take the ioyce of it and vyneger & dyppe a clothe therin/and playster it to the greuaunce. For bytynge or scaldynge make an oyntmente of the ioyce of thys herbe and oyle of Roses and wax/but lay it nat to tyl after the thre fyrste dayes/but fyrste anoynt it with

it with grece and soche other. Also for a dysease of a hote cause thꝫ herbe is good to be layde therto.

¶ Stycheworte.

¶ Thys is called. Stycheworte or birostōg thꝫ is hote ⁊ moyst in ẏ fyrst degre/ ẏ vtu of thꝫ herbe is/ it is good to hele woūdes ⁊ sore eyes

¶ Scamony.

¶ Scamony is hote and drye in the. iii. degre/ ẏ leues onely be best ī medecines, it may be kepte a yere in his vertue or two for nede. For the disease in the stomake boyle leues of it in wyne ⁊ drynke it. Also the aforsayde drynke is good for ẏ bely / ⁊ for the strangury and flux Also a stewe made with boyling of it ī water, or wine is good for ẏ forsayd/ If it be boyled in oyle ⁊ playster it to ẏ aforsayd for it is better

¶ Sene.

¶ Sene is hote ⁊ drye in the. iiii. degre, it groweth in ẏ other side the

see and moste abonte Babylon: the best be the flowers and the braunches of it, It is good for many deseases/as the fallynge euyl: for the Synacop for ỹ splen, for the Emerawdes, and for the quartayne, syrop made of it boyled in water and Suger is good for al the aforsayd syrop made with the ioyce of Borage is good for the forsayde. Also Diascorides cõmaundeth to make Ermell of the forsayde with boylynge of byneger and hony and it wyll be good for the forsayde. And this herbe may be kepte ten yere.

¶ Selondyne.

Thys is hote & drye in the. iiij. degre & Galyen sayth that it is good for soze eyes, take ỹ ioyce of Selõdyne and boyle them wel togyther in a panne & whẽ it is cold anoynt the eyes therwith. Take selondine and wryng out the ioyce & medle it with whyte wyne and anoynt thy

bysage

vysage ther w̄ ⁊ it shal do away fre
keles of ẏ visage, ẏ ioyce of Selō=
dine ⁊ gotes dōg medled togyther
smal ī a morter, thē if thou lay it to
a cāker in a womans pappe it shal
slee the Cāker, Also take ẏ ioyce of
Selōdyne ⁊ powder of Brymstone
and medle them well togyther ⁊ it
wyl helpe to do away ẏ Morfewe.
And sethe the rote in wyne, ⁊ when
the pot is takē downe let hī hold hꝭ
mouth opē ouer it ẏ the breth may
go into his body/ ⁊ that shal sle the
canker in the mouth, it is good for
hī that hath dronken venym with
hys one stale ⁊ that will saue hym

¶ Sauayne.

¶ This is hote and drye in the se=
conde degre, it is good to slee wor=
mes in the wombe and to drīge thē
out if it be soden in wyne and gyue
to the pacyēt to drynke. It is good
with butter or grece to make an
oyntmēt for ẏ scabbe that renne the

to hele it & dry it vp, and it is good for the heed ache / yf it be stamped and tempered with vyneger and make a playster therof and laye it to thy temples and vpon the mold of thy heed.

¶ Scabiose.

¶ Thys is colde & moyst in the.ii degre / Stampe it and sethe it in wyne and that drynke is good for the lyuer. And it wyl destroye wycked humours in the stomake and drynke it euery day fastynge with Euro se & thou shal neuer haue postume bredynge within the as lõge as thou dost e vse thys medecyne.

¶ Littera. T. Et primo de.

Taplu barbasto.

THys is called Molen it is colde and drye, It is good for the Emerawdes & it be sodden in wyne and scommed clene. Also it is good to washe the

greuaunce

greuaunce therwith/it is good.
Also for the flux in the bely.

¶ Towne cresses.

¶ Thys herbe is hote and dryein the.iii.degre the sede wyll endure good fyue yere. It is good to stau che the flux & the mencyon/yf thou take the sede and bruse it in a mor ter of bras & gyue ỹ seke to drynke therof thre dayes euery day a pe ny weyght at ones with reed wyne warmed and in those.iii. dayes he shalbe staunched, or els he shal dye of that euil, it is good for the palsy and for the male flanke, take ỹ sede and sethe it with wyne & do it in a poket & bynde it to the sede ther as ỹ greuaunce is. Also it is good for hi ỹ may nat well pysse/take ỹ sede & seth it i wyne & oyle olyue & bynde it to thy share, It is good for mannes fundamẽt ỹ gocthoute/yf it be takẽ of colde thẽ it must be put in a gayue and strawe ỹ powder on the

fundament

fundament thy rayues with hony and thē ſtrawe the powder aboue with the powder of Comē or powder of Calafyne, for all theſe be kyndly for it. Alſo take the ſtalkes of towne creſſes and bzene thē and there ſhall no venemus beſte ne wozme abyde the ſauour noz ſmell therof but he ſhal dye oz fly away.

¶ Littera. V. and fyrſte of the Vyolet.

VIolet is colde in the fyrſte degre and moyſt in ỹ ſeconde. For blaſte in the eyes, take the tostes of Vyolettes and ſtāmpe thē with Wyzre & Saffrō and at night lay it to the ſoze eyes. Alſo for a wounde in the hed ſtāpe the leues of vyolettes with hony and vyneger and playſter it to the wounde and it ſhal hele it. And for thē that may not ſlepe forſykenes ſethe this herbe in water & at euen let hym

let hym soke wel his fete in the wa
ter to the ancles, when he goeth to
bed bynde of this herbe to hys tem
ples & he shall slepe wel by the gra
ce of god. Take Violettes Myrre
and Saffrō, and make a playster
and lay to ẏ sore eyes that be swol=
len and it shal cease akynke & bate
the swellynge.

Uua suauis,

¶ Thys is called the swete Ray=
syn / it is hote and moyste it hathe
vertue of clensynge / scourynge or
smothyng Raysyns eren or boylen
in wine is good for ẏ cold coughe.
Sethe them in wyne and they be
good to playster on the cold postu=
me and good for a colde stomake.

¶ Veruayne.

¶ Veruayne is hote and drye ī the
seconde degre It is good agaynst
al maner of euels of venym yf the
pacyent drynke it tempered with
wyne and stampe the herbe lay it
on euery

on euery maner of byting of veny
mous beste/and it wyll drawe out
the venym and saue the sore/ who
ẏ vseth it/it wyll make good breth
and do away slynke of the mouthe
Also who that hath ẏ feuer tercian
take.iij.rotes and .iij.croppes of
the same herbe and stampe them ⁊
temper thē with fayre clene water
and gyue it to the pacient to drike
Also who that hath the feuer quar
tayne let hym take the same drike.
Also it is good for the stomake, the
lyuer, ⁊ lōges. Also take veruayne
Betayne, ⁊ Saxfrage ⁊ of euerye
of them lyke moch and stampe thē
with wyne tempered, and thys is
good for them that hath the stone.
Also they that bere veruayn vpon
thē they shall haue loue and grace
of greate maysters and they shall
graunt hi hꝫ askyng yf his askyng
be good and ryghfull.

Here

¶ Here begynneth. W. & fyrste of water cresses.

Water cresses be hote & drye in the seconde degre seth them in water by thē selfe and drynke it or sethe it in flesshe, & suppe of the brothe and it wyl clēse well the inwarde membres. Also it is good agaynste the Stranguliō and the flux of the same.

¶ Wylde neppe or wodbynde

¶ This herbe bereth aflower like to the hope and after the flower he bereth a grene bery, and it hath a greate rote, the vertu of the herbe is moyste in the rote, it is good for sinowes that be shronken or cut to make them sople and to haue their owne course in theyr proper kynde Go to ẏ rote of wylde Neppe that is lyke wodbynde and make a hole in the middes of the roote thē couer it wel agayne that no ayer go our/

nor

noz that no rayne go in noz water/ powder noz the ſonne come nat to moch to it, let it ſtãde ſo a nyght & a day thẽ after that go to it & thou ſhal fynd therin a certayne lycour, take out that lycoure with a ſpone and put it into a clene glas and do ſo euery day as longe as thou fin= deſt ought in the hole & this muſte be done in the moneth of Apzyll oz Maye, then anoynt the ſoze ther= with agaynſt the fyer/then wete a linen clothe in the ſame licour and lappe it about ỹ ſoze and it ſhalbe hole in ſhozte ſpace on warantyſe by the grace of god. Foz the gowte a ſouerayne medecyne. Take the rote of wylde Neppe, and the rote of ỹ wylde Docke ſoden by it ſelfe and cut them i thyn peces & pare a waye the vtter rynd and cut thẽ in quarters, thẽ boyle thẽ in clene wa ter, ii. oz. iii. houres, then ſtãpe thẽ in a mozter as ſmal as can be / thẽ

put

put threto a quantite of soote of a chymny / and temper them with the mylke of a cowe that the here is of one coloure, then take the pysse of a man that is fastyng and make a playster therof and boyle it togyther and as hote as ye may suffre laye it to the greuaunce a daye and a nyght ⁊ so do.iy.tymes and it shall heale the on warantise by the grace of God.

¶ Wormwode.

¶ This is hote ⁊ dry in the secõde degre, it is good for wormes in the wombe yf it be stamped ⁊ the ioyce wronge out ⁊ myngled with swete mylke and gyue to the pacyent to drynke / ⁊ sethe this herbe in wyne and make a playster to the wombe Make pouder of Wormwode. Cẽtory, Betayne, of yche lyke muche by wayght and medle all well togyther, and the powder wyll slee wormes i the wombe bothe when

it is eaten in potage and dronken,
Also for the mylte that is swollen
of a colde mater, sethe it in wyne &
let the syke drynke therof and that
shall heale hym/& make a playster
of the substance of the herbe & laye
it all hote to thy wombe agaynste
the greuaũce. Also stampe worme
wode & temper it with vineger and
with tosted sowre breade grounde
therwith & with the ioyce of Wyn
tes and the ioyce of Plantayne of
euery yche lyke much and fry them
well togyther, thẽ make a playster
& lay it to the mouthe of ꝑ stomake
and thys shall staunch brekyng or
castynge. For wormes in a mãnes
eres be it serpente or erewyse take
the ere. Also for the dropsy sethe it
in wyne and gyue the syke to
drynke at morynge and
euenynge and it shall
helpe hym

✠ Here

Here begynneth the table of this boke.

Agnus castus.
Apium.
Auetum.
Apumerisus
Absintium
Artamasia
Affodillus
Aristologia lon.
Aristologia rot
Abzotinum
Ameos
Alleluya
Asterion
Agrimonia
Auentia
Altea
Amarisca
Auricula muris
Apium emo
Apium ranarum
Actiplex do
Anabula
Acus demonis
Argentila
Acus mustela
Allium
Anisum

B

Betonia
Blasompnta
Bete
Bozago
Bugla
Burneta
Bursa pastozis
Bozago syluestrib
Bylyze

C

Camampylla
Calamintum
Crassula maioz
Crassula minoz

Cituca
Centauria ma
Centauria mi
Cara
Celidonia
Culamen.
Colewortes
Coliandrum
Capillus veneꝛ
Crocus
Centonodium
Capꝛifolium
Canabaria
Costus
Cepe
Columbina
Cominum
Cardiaca
Cerasa
Camelon
Cauda pulli
Cabochis
Caulus gallica
Caulus agrestꝭ

Cimbaria
Consolida ma
Consolida mi
Consolida meꝺ.

D

Diaptanum
Dragantia ma
Dācus arinin⁹
Dens Leonis
Dens Canis
Dens creticus
Dragantia.fe.

E

Elena campa
Endiua
Eruca
Eufrasia
Ebulus
Edera
Edera terrestris
Eufoꝛbium
Elleboꝛus albus
Elleboꝛus niger
Epatica

Erpina
Epulus minor

F

Flaminula
Fumus terre
Fumicretum
Fragra
Fabaria maior
Fabaria minor
Filix
Filipendula
Finiculum
Farinus
Feniculus poet
Febrifuga
Filago
Flaminula mih

G

Gratia dei ma
Granum
Genestula
Gencianus
Galanga
Grauū solis agr
Gladiolus

H

Herba crutiata
Herba Chyristofo
ri masculi
Herba Chyristofo
ri femini
Herba walteri
Herba roberti
Herba martis
Hastuca regia
Herba Petri
Herba Johānis

I

Iusquiamus
Isopus
Ireos
Iris
Iarus
Iasia nigra
Iasia alba
Ipia maior
Ipia minor
Iacinetus rusti

L

Mastichum
Lingua cerui.
Lilium
Ligustrum
Lingua Bouis
Lingua serpen=
tes maior
Liga serp.mi.
Lingua canis
Lingua Hircina
Lupinus
Labrum Veneris
Lauendula
Lactuca
Lactuca Siluat
Lactuca Lepo
Lollium
Laparium rust
Linum
Lauriola
Licoris
Lappa

M

Millefolium.
Mercurialis
Menta
Menta romana
Malua.
Morel or nyght
shadowe
Mastyke
Magerum
Millefoliuz ma.
or Yarowe
Motherworte.
or Moghworte
Maces
Menta rubea

N

Nux muscata
Napus

O

Olibanum

P

Pruna
Peper
Pinpernella

Pulegium
Peucedanuz vel
Fenticulus pro
Petrocilium
Peritorium
Pastinaca
Plantago
Porrum
Piretrum
Papauer
Polipodium
Pienium

Q

Quinque folia

R

Rybwozte
Reed nettell
Rosea rubea
Rosemary
Ruta

S

Sinapium
Smalage
Saluia
Satureia
Saxfrage
Scabisa
Sothernewode,
Syngrene
Stychewozte
Scamony
Sene
Selondine
Sauayne
Scabiosa

T

Tapsu barbatus
Towne cresses.

V

Vyolet
Vua suauis
Veruayne

W

Water cresses
Wylde neppe
Wozme wode.

FINIS.

¶ Imprynted at London in Paules churchyearde, at the sygne of the maydens head by Thomas Petyt.

M.D.XLi.